

Material Girls

拍数: 60 墙数: 4 级数: Easy Improver
编舞者: Tina Chen Sue-Huei (TW) - March 2016
音乐: Material Girls - Hilary Duff & Haylie Duff



SOD: Intro(32)/AABtag(16)A/ ABtag(4)Btag(32)A / Btag(48)

Start Dance Approximately into 15 seconds & after 2X8

Intro (32C)

1-4 To Side R Twist Heels Toes RLRL
5-8 Twist Heels Toes RLRL On The Spot
9-12 To Side L Twist Heels Toes LRLR
13-16 Twist Heels Toes LRLR On The Spot
17-32 Repeat The Above Steps (1-16)

Tag(16C): Dance (1-16) In Intro (32C)

Tag(4C): Twist Heels Toes RLRL To R Side

Tag(32C): Repeat Intro (32C)

Tag(48C): Repeat (1-16 In Intro)*3

Main Dance

Part A(32C)

AI. (Fwd Locked Behind Fwd Shuffle)*2

1-2 Fwd Step R, Lock L Behind R
3&4 Fwd Shuffle on RLR
5-6 Fwd Step L, Lock R Behind L
7&8 Fwd Shuffle on LRL

All. Fwd Rock Recover, ½ R ½ R, Back Back, Back Rock Recover

1-2 Fwd Rock R, Recover On L
3-4 ½ R Fwd Step R (6.00), ½ R Back Step L (12.00)
5-6 Back Step R, Back Step L
7-8 Back Rock R, Recover on L

All. Side Rock Recover, Behind Side Cross, Side Rock Recover, ¼ L Coaster

1-2 Side Rock R, Recover On L
3&4 Step R Behind L, Side Step L, Cross R Over L
5-6 Side Rock L, Recover On R
7&8 ¼ L Back Step L, Together Step R, Fwd Step L (9.00)

AIV. Rocking Chair, ¼ L ¼ L Paddle

1-4 Fwd Rock R, Recover On L, Back Rock R, Recover on L
5-8 Fwd Step R, ¼ L Pivot (6.00), Fwd Step R, ¼ L Pivot (3.00)

Part B(28C)

BI. (Touch Kick, Cross Side)*2

1-2 Touch R Toes Beside L, Diag Kick R Out
3-4 Cross R Over L, Side Step L
5-8 Repeat The Above Steps (1-4)

BII. Rocking Chair, ¼ R Jazz Box

1-4 Fwd Rock R, Recover On L, Back Rock R, Recover On L

5-8 Cross R Over L, $\frac{1}{4}$ R Back Step L, Side Step R, Hold (8)

BIII. (Touch Kick, Cross Side)*2

1-2 Touch L Toes Beside R, Diag Kick L Out

3-4 Cross L Over R, Side Step R

5-8 Repeat The Above Steps (1-4)

BIV. V-Steps

1-4 Diag R Step R, Diag L Step L, Back Step R, Together Step L

Happy Dancing!

Contact:sh3385@gmail.com
