

Cha Cha 40

拍数: 40 墙数: 1 级数: Beginner
编舞者: Jo-Anne Ediger (CAN) - March 2016
音乐: Keep My Cool - Madcon



Alt. music:-

“Canadian, Please” by Julia Bentley and Andrew Gunadie;
“Exs and Ohs” by Elie King Level: Beginner

Wait 16 counts for Keep My Cool

S1: Step then touch RF lead

- 1 R Step (right foot aims for right front corner)
- 2 LF touch (meets right foot as a touch)
- 3 L Step (left foot aims to left back corner)
- 4 RF (meets left foot as a touch)
- 5 R Step (right foot aims for right front corner)
- 6 LF touch (meets right foot as a touch)
- 7 L Step (left foot aims to left back corner)
- 8 RF (meets left foot as a touch)

S2: Step then touch RF lead

- 1 R Step (right foot aims for back left corner)
- 2 LF touch (meets right foot as a touch)
- 3 L Step (left foot aims to right front corner)
- 4 RF (meets left foot as a touch)
- 5 R Step (right foot aims for back left corner)
- 6 LF touch (meets right foot as a touch)
- 7 L Step (left foot aims to right front corner)
- 8 RF (meets left foot as a touch)

S3: Cha Cha Cha Rock Step

- 1&2 RLR (cha cha cha) (Go right)
- 3-4 LR (rock step)
- 5&6 LRL (cha cha cha) (go left)
- 7-8 RL (rock step)

S4: Cha Cha Cha Rock Step

- 1&2 RLR (cha cha cha) (Go right)
- 3-4 LR (rock step)
- 5&6 LRL (cha cha cha) (Go left)
- 7-8 RL (rock step)

S5: ¼ turn left Steps

- 1 R Step (Facing front)
- 2 L Step (Quarter turn to left)
- 3 R Step (Move right foot as quarter turn)
- 4 L Step (Quarter turn again)
- 5 R Step (Move right foot as quarter turn)
- 6 L Step (Quarter turn again)
- 7 R Step (Move right foot as quarter turn)
- 8 L Step (Quarter turn to left which is now facing front)

Have fun get creative and move to the beat!

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