

# Break On Me

拍数: 32  
编舞者: Aurelie Bernard - March 2016  
音乐: Break on Me - Keith Urban

墙数: 4

级数: Newcomer / Novice



## Sweep, sailor step, hips, hold, close, ¼ flick, step

1 LF sweep (start forward & finish behind)  
2 LF cross behind  
& RF step out  
3 LF step out  
4 hip movement to the R  
& hip movement to the L  
5 hip movement to the R  
6 hold  
& close LF next to RF  
7 ¼ turn L, flick behind with RF  
8 step forward

## ¾ turn , step, hold, close, 1/8 turn step lock step, rock step, ¼ turn step, ½ turn step back

& ¾ turn L  
1 RF step to the side  
2 Hold  
& close LF next to RF  
3 1/8 RF step forward  
& LF lock behind  
4 RF step forward  
& LF lock behind  
5 RF step forward  
6 LF step forward  
7 RF recover  
8 ¼ turn L, LF step forward  
& ½ turn L, RF step back

## Leg front Elevation, leg backward extension, step lock step backward, rock step backward, step, ½ turn

1 LF elevation of the leg  
2 LF continue movement and close a little bit  
3 LF extension of the leg backward  
4 LF step backward  
& RF lock step backward  
5 LF Step backward  
6 RF step backward  
7 LF Recover  
8 RF step forward  
& ½ turn L

## Slow batucada L, slow batucada R, batucada L, batucada R, steps on place

1 Hold  
2-3 LF press forward with hip rotation  
& LF step back  
4-5 RF press forward with hip rotation  
& RF step back

- 6 LF press forward with hip rotation
- & LF step back
- 7 RF press forward with hip rotation
- & RF step back
- 8 LF step on place
- & RF step on place

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