

Roer Jou Voete

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Ansa Bingham (SA) - March 2016
音乐: Roer Jou Voete - Jak De Priester



Starts on the word 'Voete'

S1: CROSS ROCK, RECOVER CHASSE // CROSS ROCK, RECOVER, ¼ TURN LEFT SHUFFLE

1, 2, 3 & 4 Cross rock (R over L) (1), recover on L (2), chasse (3 & 4)
5,6,7 & 8 Cross rock (L over R) (5), recover on R (6), ¼ turn left shuffle (7&8)

S2: RIGHT SHUFFLE FWD // LEFT SHUFFLE FWD // FWD ROCK, RECOVER, ¼ SAILOR (TURNING RIGHT)

1&2, 3&4 Right shuffle (1&2), left shuffle (3 & 4)
5,6, 7 & 8 Fwd rock onto R (5), recover onto L (6), ¼ turn (right) sailor step (7 & 8)

S3: SIDE ROCK, CROSS HOLD, SIDE ROCK, CROSS HOLD // V STEP

1&2, 3&4 Side rock (on L) (1) , recover (on R) (&), cross (L over R) (2), side rock (on R) (3), recover (on L) (&), cross (R over L) (4)
5,6, 7, 8 V step (L, R L, R) (5,6,7,8)

S4: FWD ROCK, RECOVER, 3 STEP TURN LEFT // HEEL STRUT, HEEL STRUT, STOMP TWIST TWIST

1, 2,3 & 4 Fwd rock (on L) (1), recover on right (2), 3 step turn (L R L - over left shoulder) to face 3 0 clock (3&4)
5&6 & 7&8 Touch R heel (5), stand on R (&), Touch L heel (6), stand on L (&), stomp R (7), twist, twist (& 8)

End of dance, start again

Contact: ansabing@gmail.com

Last Update - 12th March 2016
