

The Moment

拍数: 32 墙数: 4 级数:
编舞者: Courtney Peerson (USA) - March 2016
音乐: The Moment by Goldhouse



One Restart after 16 counts on wall 9.

[1-8] Walk R, L, out, out, in, in (x2), R kick, 1/2 pivot, kick

1,2 walk forward R, L
&3&4 Step RF out, step LF out, step RF in, step LF in
&5&6 Step RF out, step LF out, step RF in, step LF in
7, 8 Kick RF forward, pivot 1/2 turn to the L on the ball of your LF as you kick RF forward (6:00)

[9-16] kick, 1/2 pivot, kick, sailor, ball step, sweep, full turn unwind, hold

1,2 Kick RF back, pivot 1/2 turn to the R on the ball of your LF as you kick RF forward (12:00)
3&4 R sailor step
&5, 6 Ball step (L, R) taking weight on RF. Sweep LF from front to back, cross LF behind RF
7 Full turn unwind (12:00)
8 Hold

[17-24] Weave L, Weave R, point, step

1&2&3 Cross RF over LF, step LF to L side, cross RF behind LF, step LF to L side, touch R toe forward
&4&5&6 step RF to R side, cross LF over RF, step RF to R side, cross LF behind RF, step RF to R side, cross LF over RF
7 point R toe to R side,
8 step RF behind LF

[25-32] kick, 1/4 pivot, kick, coaster, heel switches

1,2 Kick LF forward, 1/4 pivot to the L on the ball of your RF as you kick LF forward (9:00)
3&4 L coaster (L R L)
5&6& Touch R heel forward, hitch RF, touch R heel forward, step RF to center
7&8& Touch L heel forward, hitch LF, touch L heel forward, step LF to center

Restart wall 9 after 16 counts.

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Last Update – 16th March 2016