

Let It Go

拍数: 48 墙数: 4 级数: Beginner / Improver
编舞者: Crookedliners (UK) - March 2016
音乐: Let It Go - George Strait : (Album: Cold Beer Conversation)



Alternative Music: Never Alone by Vince Gill. Album: Souvenirs (NO RESTART) 118bpm

[1-8] □ Right Rocking Chair, Step Forward Right, Pivot ¼ Left, Right Cross Shuffle

1- 4 Step right fwd, Rock back on left, Step right back, Rock fwd on left
5- 6 Step right fwd, Pivot ¼ left,
7&8 Cross right over Left, bring left beside right, Cross Right over Left (9 o clock)

[9-16] □ Turn ¼ Right*2, Rock Forward Left, Recover, Large Step Back Left, Slide Right to Left, Walk Left Right

9- 10 Step Back ¼ Right onto Left, Continue ¼ Turn Right stepping slightly forward Right
11-12 Rock Forward Left, Recover onto Right
13-16 Large Step Back onto Left, Slide Right to side of Left, Walk Forward Left, Right □ (3 o clock)

[17-24] □ Cross Rock Left over Right, Left side shuffle, Cross Rock Right over Left, Right side shuffle ***

17-20 Cross Rock left over right, recover weight to right, Step left to left side, step right beside left, step left to left side
21-24 ** □ Cross Rock Right over Left, recover weight to Left, Step Right to right side, Step Left beside Right, Step Right to right side, (3 o clock)

***** See Restart Wall One Facing 3 o clock ***** □

[25-32] Weave to the Right, Sweep, Right Behind, Step Left, Right Cross Shuffle

25-28 Cross Left over Right, Step Right to Right Side, Cross Left Behind Right, Sweep Right forward and side.
29-30 Step Right behind Left, Step Left to Left Side,
31&32 Cross Right over Left, Step Left to Left Side, Cross Right Over Left □ (3 o clock)

[33-40] □ 1/8 Turn Right, Touch*2, (Quarter Right) Rock Back Left, Recover, Left Shuffle Forward

33-34 Step Left to Left Side slightly Forward turning 1/8 Right, Touch Right to side of Left.
35-36 Step Right to right side completing ¼ turn Right, Touch Left next to Right
37-38 Rock Back on Left, Recover onto Right
39&40 Shuffle Forward Left Right Left (6 o clock)

[41-48] □ 1/8 Turn Right, Touch*2, (Quarter Right) Back Right Coaster Step, Step Forward Left, Brush Right Forward

41-42 Step Right to Right Side slightly Forward turning 1/8 Right, Touch Left to side of Right.
43-44 Step Left to Left side completing ¼ turn Right, Touch Right next to Left
45&46 Step Back Right, Step Left to side of Right, Step Forward Right
47-48 Step Forward Left, Brush Right Forward (9 o clock)

Start Again and Enjoy the Music

*** Restart Wall One Steps Facing 3 o clock *****

21-24 Cross Rock Right over Left, Recover weight to Left, Step Right to right side, Step Left beside Right

Start Again

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