

The Bonnie, (aka Ability To Swing)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Alvie Aguilar (USA) & Angie Aguilar - March 2016
音乐: Ability to Swing - Patti Austin



#64 count intro (Suggestion; Snap fingers and move upper body to beat of music)
Or come from back of room doing toe struts w/snapping fingers to your dance line spot.

Tag is done at the end of walls 1 (facing 6:00), 2 and 4 (both facing 12:00)
TAG: &1&2 - Step R to right, step L next to R 2X (hopping motions w/side body rolls)

S1: STEP, STEP, TRAVELING RIGHT KICK BALL STEPS X2, KICK BALL CROSS

1 – 2 Step R forward, Step L forward
3&4 Kick R, Step R to right, Step L next to R
5&6 Kick R, Step R to right, Step L next to R
7&8 Kick R, Step R to right, Cross L over R

S2: SIDE ROCK RECOVER, CROSS SHUFFLE, ¾ TURN RIGHT, L FWD SHUFFLE

1 – 2 Rock out R to right side, recover L
3&4 Cross right over left, step left to left side, cross right over left
5 – 6 Step L back turning ¼ right, step R ½ turning to right [9:00]
7&8 Shuffle forward stepping L, R, L

S3: BONNIE STEPS (HEEL HOOKS W/HEEL/TOE SWIVELS) 3X, SIDE HOP

1 – 2 Touch R heel forward, as you hook R foot over left, swivel L heel to right
3 – 4 Touch R heel forward, as you hook R foot over left, swivel L toe to right,
5 – 6 Touch R heel forward, as you hook R foot over left, swivel L heel to right
&7-8 Step R to right, step L next to R, Hold (hopping motion W/side body roll)

S4: BACK, BACK, TRIPLE ½ TURN RIGHT, KICK BALL CROSS, ¾ TURN LEFT W/HEEL TAPS

1 – 2 Step R back, Step L back
3&4 Step R fwd as you turn ½ right, step L next to R, step R in place [3:00]
5&6 Kick L, Step L next to right, Cross R over left
7 – 8 As you turn ¾ to left, tap heels twice, finish with weight on L [6:00]

REPEAT

Contact: alvieaguilar@gmail.com

** Dedicated To Bonnie Roberts (J. M. Roberts, Author Of The Book "Ability To Swing", Her First Published Book. **