

She Makes Me Happy

拍数: 64 墙数: 4 级数: Intermediate ECS
编舞者: Astrid Kaeswurm (DE) - March 2016
音乐: 24-7-365 - Neal McCoy



Intro: 16 Counts – start with vocals

[1 – 8] □ R Kick Fwd + Side, Sailor Step, L Kick Fwd + Side, Sailor ¼ Turn L

1, 2 R kick forward, R kick diagonal forward
3 & 4 R step behind L, L step side, weight change to R
5, 6 L kick forward, L kick diagonal forward
7 & 8 L step behind R, ¼ Turn L + weight change to L

[9 – 16] □ Shuffle R, Rock Step back, Shuffle L, ½ Turn R, Shuffle R

1 & 2 R step to side, L together R, R step side
3, 4 L step back, weight change to R
5 & 6 & L step to side, R together L, L side, ½ Turn R on L
7 & 8 R step to side, L together R, R side

[17 – 24] □ Rocking Chair, Step ½ Turn, Shuffle L Fwd

1, 2, 3, 4 L step forward, weight change to R, L step back, weight change to R
5, 6 L step forward, ½ Turn R, weight change to R
7 & 8 L step forward, R together L, L forward

[25 – 32] □ 2 x ¼ Step Turn, Jazz Box With Cross

1, 2, 3, 4 R forward, ¼ Turn L, R forward, ¼ Turn L
5, 6, 7, 8 R cross over L, L back, R side, L cross over R

[33 – 40] □ Shuffle R, Lock unwind ½ Turn, Kick Ball Step, Step ¼ Turn L

1 & 2 R step to side, L together R, R step side
3, 4 L cross behind R, ½ Turn L
5 & 6 R kick forward, R together L, L forward
7, 8 R forward, ¼ Turn L

[41 – 48] □ Cross Point Behind Point Touch Kick, Behind Side Cross

1, 2 R cross over L, L touch side
3, 4 L cross behind R, R touch side
5, 6 R touch to L, R kick diagonal forward
7 & 8 R cross behind L, L step side, R cross over L

[49 – 56] □ Side Rock, Behind Side Cross, Side Together, Side Together

1, 2 L step side, weight change to R
3 & 4 L cross behind R, R step side, L cross over R
5, 6, 7, 8 R step side, L together R, R step side, L together R,

[57 – 64] □ R Step fwd, Heel Ups 3 x, Out out clap, in in clap

1 R step forward
& 2 & 3 & 4 3 times rise up both heels and heels down to floor. In this time dance ¼ Turn L
& 5, 6 R small step R side, L small step L side, clap
& 7, 8 R small step to center, L small step to center, clap

