Let's Percolate More!



拍数: 32 墙数: 2 级数: Intermediate

编舞者: Sue Ann Ehmann (USA) - March 2016 音乐: Get Your Feet on the Floor - Lesa Hudson



One Restart (16 counts into wall 3)

Tag – done twice (The Percolate part!)

Track Available on iTunes and Amazon

Intro: 32 counts (Main Lyrics – "Everybody in the house")

[1-8]□OUT, OUT, COASTER, HIP WALKS (2X)

1-2 Step right to side, step left out to side

3&4 Step right back, step left beside right, step right forward

Touch left toe forward with a forward left hip bump; keeping left toe forward return weight to

right hip (&); step onto left in place

Touch right toe forward with a forward right hip bump; keeping right toe forward return weight

to left hip (&); step onto right in place

[9-16]□FORWARD ROCK, RECOVER, TRIPLE 1/2 TURN LEFT, 1/4 RIGHT, TOGETHER, JUMP BACK, BOUNCE

1-2 Rock left forward, recover right

Turning 1/4 left step left to side, step right beside left, turn 1/4 left stepping left forward (6:00)

5-6 Turning 1/4 left step right to side, step left beside right (3:00)

&7-8 Step right back, step left beside right, bounce*

Note: Bring hands together in front of you on 6 then push palms forward as you jump back

*Restart here during wall 3. (You will be facing 3:00 when you restart.)

[17-24]□POINT, STEP FORWARD, POINT, STEP FORWARD, 1/4 LEFT CHASSÉ BACK, 1/4 LEFT CHASSÉ TO SIDE

1-4 Point right to side, step right forward, point left to side, step left forward
5&6 Turning 1/4 left step right back, step left beside right, step right back 12:00
7&8 Turning 1/4 left step left to side, step right beside left, step left to side 9:00

[25-32]□FORWARD ROCK, RECOVER, TRIPLE 1/2 TURN RIGHT, 1/4 RIGHT, BEHIND, SIDE, ACROSS, SIDE

1-2 Rock right forward, recover left

3&4 Turning 1/4 right step right to side, step left beside right, turn 1/4 right stepping forward

5 Turning 1/4 right step left to side

6&7-8 Step right behind left, step left to side, step right across left, step left to side 6:00

START AGAIN

RESTART – Dance the first 16 counts of Wall 3 then restart the dance. Wall 3 begins facing 12:00. Restart facing 3:00.

"THE PERCOLATE" TAG (Done twice. At end of Walls 5 and 9.)

Note: Both tags should be done facing 12:00. The first time (end of Wall 5) requires a 1/4 left turn into the jump.

For the second Tag (end of Wall 9:00) you are already facing 12:00.

[1-8]□JUMP RIGHT, BUMP, BUMP, BUMP, JUMP LEFT, BUMP, BUMP, BUMP

&1 Step right to side (&), touch left beside right –as hip bumps right (1)

Right arm straight forward with palm forward, left hand on left hip

2-4 Bump hips right, right, right

&5 Step left to side (&), touch right beside left – as hip bumps left (5)

Left arm straight forward with palm forward, right hand on right hip

6-8 Bump hips left, left, left

[9-16]□JUMP BACK, BUMP, BUMP, BUMP, JUMP LEFT, BUMP, BUMP, BUMP

&1 Step right back (&), touch left beside right – as hips bumps right (1)

Both arms straight ahead with both palms forward

2-4 Bump hips right, right, right

&5 Step left to side (&), touch right beside left – as hip bumps left (5)

Both hands on hips

6-8 Bump hips left, left (weight ends left)

[17-24] ROLLING VINE RIGHT, TOUCH, ROLLING VINE LEFT, TOUCH

1-4 Turning 1/4 right step right forward, turning 1/2 turn right step left back, turning 1/4 right

□step right to side, touch left beside right.

5-8 Turning 1/4 left step left forward, turning 1/2 turn left step right back, turning 1/4 left step

left to side, touch right beside left

[25-32]□WALK BACK RIGHT, LEFT, RIGHT, LEFT, PADDLE FULL TURN LEFT

1-4 Walk back right, left, right, left

&5&6 Step ball of right to side, turn 1/4 left stepping onto left, step ball of right to side, turn 1/4 left

stepping onto left

&7&8 Step ball of right to side, turn 1/4 left stepping onto left, step ball of right to side, turn 1/4 □left

stepping onto left

Right arm circles overhead during paddle turn.

Ending: Dance will end facing 12:00. In section 4 of main dance, replace counts 7-8 with 7&8

7&8 Step right across left, step left to side, step right to side.

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