

Raised On It

拍数: 48 墙数: 4 级数: High Improver
编舞者: Stella Kim (KOR) - February 2016
音乐: Raised on It - Sam Hunt



INTRO: 16counts - SEQUENCE: Intro-32-Tag1-48-32-Tag2-48-32-48-48-48

SEC 1: SIDE, ROCK BACK, RECOVER, VINE 1/4 TURN L, 1/2 TURN L WITH BACK, COASTER STEP INTO FORWARD SHUFFLE

1-2& RF side, LF rock back, RF recover
3-4& LF side, RF cross behind, 1/4 turn L with LF forward
5-6& 1/2 turn to L with RF back, LF back, RF together
7&8 LF forward, LF together, LF forward(3:00)

SEC 2: FORWARD, 1/4 PIVOT TURN R, ROCK FORWARD, RECOVER, BACK, (OUT, OUT, IN, IN) x2,

1-2& RF forward, LF forward, pivot 1/4 turn R
3&4 LF rock forward, RF recover, LF back
5&6& RF out, LF out, RF in(slightly back), LF in(slightly back)
7&8& repeat upper step(6:00)

(OPTION: On the count 5-8&, you will move your arms to same direction as your feet and snap your finger on the count &)

SEC 3: ROCK BACK, RECOVER, FORWARD, FORWARD SHUFFLE, 1/4 TURN L WITH HITCH, SIDE SHUFFLE, 1/2 TURN R WITH HITCH, SIDE SHUFFLE, HITCH

1&2 RF rock back, LF recover, RF forward
3&4& LF forward, RF together, LF forward, 1/4 turn L with RF hitch
5&6& RF side, LF together, RF side, 1/2 turn R with LF hitch
7&8& LF side, RF together, LF side, RF hitch(9:00)

SEC 4: ROCK BACK, RECOVER, HEEL&HEEL&, JAZZ BOX, CROSS SHUFFLE

1-2 RF back, LF recover
3&4& RF forward heel touch, RF together, LF forward heel touch, LF together
5-6& RF cross over LF, LF back, RF side
7&8 LF cross over RF, RF side, LF cross over(3:00) **Restart here

SEC 5: R ROLLING VINE, JAZZ BOX, CROSS SHUFFLE, 1/2 TURN L CROSS SHUFFLE

1-2& 1/4 turn R with RF forward, 1/2 turn R with LF back, 1/4 turn R with RF side
3-4& LF cross over RF, RF back, LF side
5&6 RF cross over LF, LF side, RF cross over LF, 1/2 turn L
7&8 LF cross over RF, RF side, LF cross over RF(3:00)

SEC 6: DOROTHY X2, RF 1/2 PADDLE TURN L

1-2& RF diagonal forward, LF lock behind, RF diagonal forward
3&4 LF diagonal forward, RF lock behind, LF diagonal forward
5&6& 1/8 turn L with RF side touch, RF hitch, 1/8 turn L with RF side touch, RF hitch
7&8& Repeat upper step(9:00)

TAG 1(8 counts): SWAY X4, JAZZ BOX, CROSS SHUFFLE

1-4 sway(R, L, R, L)
5-6& RF cross over LF, LF back, RF side
7&8 LF cross over RF, RF side, LF cross over RF

TAG 2(4 counts): SWAY X4

1-4 sway(R, L, R, L)

RESTART: On the 1st, 3rd, 5th walls, you should dance until 32 counts and start again.

Contact ~ E-MAIL: sktelkmh@naver.com - <http://www.youtube.com/user/thetrianglelinedance>
