Keep Me Company



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Daniel Baines (UK) - February 2016

音乐: Company You Keep - Maren Morris: (Album: Maren Morris - EP - iTunes)



Intro: 32 counts (start on vocals)

*2 Restarts: Walls 3 & 6 (after count 16)

S1: R ROCKING CHAIR, R CROSS-AND-HEEL, L CROSS SIDE BEHIND, 1/8 TURN, L ROCKING CHAIR

1&2& Rock right forward, recover on left, rock right back, recover on left

3&4& Cross right over left, step left to side, touch right heel out, step right together

5&6& Left cross over right, step right to right side, left cross behind right, step right forward 1/8

(1:30)

7&8& Rock left forward, recover on right, rock left back, recover on right (1:30)

S2: L STEP, R TOUCH, R BACK STEP, L TOUCH, L STEP LOCK STEP, R TRIPLE TURN ½, L TRIPLE TURN CROSS

1&2& Step left forward, touch right behind left, step right back, touch left in front of right (1:30)

3&4 Step left forward, step right behind left, step left forward (1:30)

Step right forward, turn ½ left (7:30) stepping forward left, step right forward

7&8 Turn ½ right stepping back on left (1:30), turn 3/8 right stepping forward on right, step left

across right (6:00)

S3: R ROCK OUT, L RECOVER, R STEP TOGETHER, L STEP OUT, R CROSS, L BACK SIDE CROSS, R BACK SIDE CROSS

1-2& Rock right out to the side, recover on left, step right together

3-4 Step left to the side, cross right over left

5&6 Step left back, step right to the side, cross left over right 7&8 Step right back, step left to the side, cross right over left

S4: L STEP, R TOUCH, R STEP, L TOUCH, L SIDE SHUFFLE, R SAILOR STEP, L TOUCH BACK WITH HIP BUMP $\frac{1}{4}$, HIP BUMP $\frac{1}{4}$, L STEP FORWARD

1&2& Step left to the side, touch right next to left, step right to the side, touch left next to right

Step left to the side, step right together, step left to the side

Cross right behind left, step left to the side, step right to the side

7&8 Touch left back, bumping your hip to face \(\frac{1}{2} \) left, bump hip back \(\frac{1}{2} \) left, place weight forward

onto left (12:00)

S5: R ROCK OUT, L RECOVER, R STEP TOGETHER, L STEP OUT, R STEP OUT, L ROCK BACK, R RECOVER, L STEP TOGETHER, R HEEL FORWARD, L HEEL FORWARD

1-2& Rock right out to the side, recover on left, step right together

3-4 Step left out to the side, step right out to the side (exaggerate by making big steps)

5-6& Rock left back, recover on right, step left together

7&8& Touch right heel forward, step right next to left, touch left heel forward, step left next to right

S6: R HIP ROLL ¼, R TOUCH, R HIP ROLL ¼, R TOUCH, R CROSS SIDE BEHIND, L SWEEP, L BEHIND SIDE FORWARD

1-2& Rock right forward, rolling your hip out making a ¼ turn left, recover on left, touch right next to

left

3-4& Rock right forward, rolling your hip out making a ¼ turn left, recover on left, rough right next

to left

5&6& Cross right over left, step left to the side, cross right behind left, sweep left around behind

right

7&8 Cross left behind right, step right to the side, step left forward

Start again and enjoy!

RESTARTS:-

*2 x restarts on walls 3 (facing 6:00) & 6 (facing 12:00)

Taglet/Restart after count 16 with a slight variation:

S2: L TRIPLE TURN WITH L STEP FORWARD (don't cross L over R)

7&8 Turn ½ right stepping back on left (1:30), turn 3/8 right stepping forward on right, step left

forward

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