

Army of Me

COPPER KNOB
BY SHEETS

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Matthew Grocott (UK) - February 2016
音乐: Army of Me - Anastacia : (Album: Ultimate Collection)



Start on vocals: I Can Stand

S1: Rock , Recover , Walk Back , R Sweep , Behind - 1/4 - Step , Reverse 1/2 Turn , R Sweep

1& Rock forward on right , Recover back on left
2-3 Walk back on right left
4 Sweep right round from front to right side
5&6 Step right behind left , Making 1/4 turn left Stepping forward on left (9:00) , Step forward on right
7-8 Making 1/2 turn right stepping back on left. (3:00) , Sweep right round from front to right side

S2: Behind - Side - Cross , Scissor Cross , And Cross , R Basic Nightclub , L Basic Nightclub

1&2 Step right behind left , Step left to left side , Cross right over left
3&4 Step left to left side , Step right next to left , Cross left over right
&5 Step right next to left , Cross left over right
6&7 Step right to right side , Rock back on left , Recover back on right
8&1 Step left to left side , Rock back on right , Recover back on left

S3: 1/2 Hinge Turn , R Crossing Shuffle , Side , R Sailor Step

2-3 Making 1/4 turn left stepping back on right (12:00) , Making 1/4 turn left stepping left to left side (9:00)
4&5 Cross right over left , Step left to left side , Cross right over left
6 Step left to left side
7&8 Step right behind left , Step left to left side , Step right to right side

S4: Cross Rock , Recover , 1/4 Shuffle Turn , Cross Rock , Recover , R Chasse

1-2 Cross left over right , Recover back on right
3&4 Making shuffle 1/4 turn left stepping forward on left , Step right next to left , Step forward on left (6:00)

Restart: During Wall 5 Restart The Dance Again From This Point. (6:00)

5-6 Cross right over left , Recover back on left
7&8 Step right to right side , Step left next to right , Step right to right side

S5: L Crossing Shuffle , 1/2 Hinge Turn , R Dorothy Step , L Dorothy Step

1&2 Cross left over right , Step right to right side , Cross left over right
3-4 Making 1/4 turn left stepping back on right (3:00) , Making 1/4 turn left stepping left to left side (12:00)
5&6 (On right diagonal) Step forward on right , Lock left behind right , Step forward on right
7&8 (On left diagonal) Step forward on left , Lock right behind left , Step forward on left

S6: Step Forward , Rock , Recover , 1/2 Shuffle Turn , R Dorothy Step , L Dorothy Step

1 Step forward on right (12:00)
2-3 Rock forward on left , Recover back on right
4&5 Shuffle 1/2 turn left , Stepping - Left , Right , Left (6:00)
6&7 (On right diagonal) Step forward on right , Lock left behind right , Step forward on right
8&1 (On left diagonal) Step forward on left , Lock right behind left , Step forward on left

S7: Rock , Recover , R Coaster Step , L Jazz Box , Rock , Recover

2-3 Rock forward on right , Recover back on left (6:00)

4&5 Step back on right , Step left next to right , Step forward on right
6&7 Cross left over right , Step back on right , Step left to left side
8& Rock back on right , Recover on left

Start Again:

Tag: 4 Count Tag End Of Wall 2

1-2 Step forward on right , Pivot 1/2 turn left (6:00)
3-4 Step forward on right, Pivot 1/2 turn left (12:00)
