

# Footloose (Simplified Version)

COPPERKNOB  
STEPPERS

拍数: 120      墙数: 1      级数: Phrased High Intermediate  
编舞者: KH Loh (MY) - February 2016  
音乐: Footloose - Blake Shelton : (CD: Footloose - The Motion Picture - Deluxe Edition)



Sequence of Dance: A64, A32, A64, Tag1, A56, A32, A64, Tag2, B56, A64, A52, End36

Intro : 48c

## PART A ( 64 counts )

### A 1□

1 2      Cross Touch R over L, Recover  
3 4      Cross Touch L over R, Recover  
5 6      Cross Touch R over L, Recover  
7 8      Cross Touch L over R, Recover

### A 2□

1 2      Kick R Fwd, Recover  
3 4      Kick L Fwd, Recover  
5 6      Kick R Fwd, Recover  
7 8      Kick L Fwd, Recover

### A 3□

1 2      Twist Body L R  
3 4      -- as above --  
1 2      -- as above --  
3 4      -- as above --

### A 4□

1 2      Bend both knee Inward, both knee Outward  
3 4      -- as above --  
5 6      -- as above --  
7 8      -- as above --

### A 5

1 2      Step L  $\frac{1}{4}$  turn R, Hold L ( weight on left )  
3 4      Recover on R, Hold ( weight on right )  
5 6      Raise L hand straight up, put hand down & clap R hand with R knee slightly bend  
7 8      -- as above --

### A 6□

1 2      Raise L hand straight up, put hand down & clap R hand with R knee slightly bend  
3 4      -- as above --  
5 6      -- as above --  
7 8      -- as above --

### A 7□

1 2      Step R to R, Step L next to R  
3 4      Step R to R, Touch L next to R  
5 6      Step L  $\frac{1}{2}$  turn L, Step R next to L  
7 8      Step L to L, Touch R next to L

### A 8

1 2 Step R to R, Step L next to R  
3 4 Step R to R, Touch L next to R  
5 6 Step L ½ turn R, Step R next to L  
7 8 Step L to L, Touch R next to L

**PART B ( 56 counts )**

**B 1□**

1 2 Step R Fwd, Step L next to R  
3 4 Step R in place, Step L next to R  
5 6 -- as above --  
7 8 -- as above --

**B 2□**

1 2 Step R to R, Step L to L  
3 4 Step R in place, Step L next to R  
5 6 -- as above --  
7 8 -- as above --

**B 3**

1 8 Mirror B1

**B 4□**

1 8 Bounce both leg with moderate speed

**B 5□**

1 8 Bounce both leg with faster speed

**B 6□**

1 8 Bounce both leg with more faster speed

**B 7□**

1 4 Bounce both leg with most fastest speed  
5 Stomp both leg  
6 8 Hold for 3 counts

**Tag 1 – 12c ( End of Wall 3 )**

**Sec t1□**

1 2 Step L to L, Touch R foot in front of L with L hand  
3 4 Touch R to R, Touch R foot behind L with L hand  
5 6 Step R to R, Touch L foot in front of R with R hand  
7 8 Touch L to L, Touch L foot behind R with R hand

**Sec t2**

1 2 Step L to L, Bend both knee In  
3 4 Bend both knee Out, Bend both knee In

**Tag 2 – 28c ( End of Wall 6 )**

**Sec T1□**

1 2 Jump both leg to R, Jump both leg to L ( slightly moving forward )  
3 4 Jump both leg to R, Hold ( slightly moving forward )  
5 6 Jump both leg to L, Hold ( slightly moving forward )  
7 8 Jump both leg to R, Hold ( slightly moving forward )

**Sec T2□**

1 2 Jump both leg to L, Jump both leg to R ( slightly moving forward )  
3 4 Jump both leg to L, Hold ( slightly moving forward )

5 6 Jump both leg to R, Hold ( slightly moving backward )  
7 8 Jump both leg to L, Hold ( slightly moving backward )

**Sec T3**

1 2 Jump both leg to R, Jump both leg to L ( slightly moving backward )  
3 4 Jump both leg to R, Hold ( slightly moving backward )  
5 6 Jump both leg to L, Hold ( slightly moving backward )  
7 8 Jump both leg to R, Hold ( slightly moving backward )

**Sec T4**□

1 2 Jump both leg to L, Jump both leg to  
3 4 Jump both leg to L, Hold

**Ending:-**

**Sec E1**□

1 2 Side R, Touch L next to R  
3 4 Side L, Touch R next to L  
5 6 Side R, Touch L next to R  
7 8 Side L, Touch R next to L

**Sec E2**□

1 8 Mirror Sec 1

**Sec E3**□

1 8 Mirror Sec 1

**Sec E4**□

1 2 Step R to R  
3 4 Step L Fwd, put L hand Fwd, Raise R hand moving in circular motion from back to front )  
5 6 continue R hand moving in circular motion from back to front  
7 8 continue R hand moving in circular motion from back to front

**Sec E5**□

1 2 Bend L knee Fwd, maintain putting L hand Fwd  
3 4 Bend R knee down, pull R hand backward

**Note: This is a very interesting dance. The description on this step sheet may not exactly express the actual steps on this video. It is merely for reference Only.**

**The exact steps and motions on this video is the final.**

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