

Buttons

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rick Wilson (USA) - February 2016
音乐: Buttons - Rihanna



Alt. Music :-

Ladies Night - Kool & The Gang

Or Any West Coast Swing Or Alike Songs

Always An Adventure

2 CROSS WALKS FORWARD

1-2 3-4 Step Right Cross Left Forward, Step Left Cross Right Forward.

2 CROSS WALKS FORWARD

5-6 7-8 Step Right Cross Left Forward, Step Left Cross Right Forward.

OUT OUT, IN IN

&1-2 &3-4 Out Right, Out Left, Hold, In Right, In Left, Hold.

4 WALKS BACK

5-6-7-8 Back Right, Left, Right, Left.

2 HIP BOUNCE RIGHT, 2 HIP BOUNCE LEFT

1-2 3-4 Weight On Right Bounce Right Hip Back 2 Times, Change Weight To Left And Bounce Left Hip Back 2 Times.

4 COUNT HIP ROLL

5-6-7-8 Roll Hips Start At 12:00 Forward, 3:00 Side Right, 6:00 Back, 9:00 Side Left (Weight Ending On Left Foot)

VINE RIGHT 1/4 SHUFFLE 1/2 TURN SHUFFLE

1-2 3&4 Side Right, Cross Left Behind, Step 1/4 Turn To Right On Right, Left Together, Forward Right

5-6 7&8 Step Forward Left Pivot 1/2 Turn To Right, Step Forward Right, Shuffle Forward Left, Right Together, Forward Left

Begin Again

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