

I Wish (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 2 级数: Intermediate
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音乐: I Wish - Stevie Wonder



第一段 Walks Forward R/L, Out/Out, In/Cross Over, Slide R To Side, Sailor L With 1/4 Turn L, 1/4 Turn L, Ball/Cross

- 1 RF step forward 右足前踏
- 2 LF step forward 左足前踏
- & RF step out 右足右踏
- 3 LF step out 左足左踏
- & RF step in 右足回踏
- 4 LF cross in Front of RF 左足於右足前交叉踏
(counts &3&4 are done, whilst travelling forward)
&3&4動作向前移動
- 5 RF big step to right 右足右一大步
- 6 LF cross behind RF 左足於右足後交叉踏
- & make 1/4 turn L, whilst stepping RF to Side (9 o'clock)
左轉90度右足右踏(面向9點鐘)
- 7 LF step forward 左足前踏
- & make 1/4 turn left, whilst making small step with RF to Side (6 o'clock) 左轉90度右足略右踏(面向6點鐘)
- 8 LF cross in Front of RF 左足於右足前交叉踏

第二段 Slide R, Sailor L, Kick/Ball/Step R(Diagonally), Kick/Ball/Touch, Heel Swivel Left

- 1 RF take big step to right 右足右一大步
- 2 LF cross behind RF 左足於右足後交叉踏
- & RF step to right 右足右踏
- 3 LF step to left 左足左踏
- & make 1/8 turn left (4.30 o'clock)
左轉45度(面向4:30)
- 4 RF kick forward 右足前踢
- & RF step next to LF 右足併踏
- 5 LF step forward 左足前踏
- 6 RF kick forward 右足前踢
- & RF step next to LF 右足併踏
- 7 LF touch toes forward 左足趾前點
- & swivel both heels to left 雙足踵向左旋轉
- 8 swivel both heels back to center 雙足踵轉回

第三段 Dorothy Steps L/R, Slide L, Hitch With 1/2 Turn R, Slide R

- 1 LF step forward (4.30) 左足前踏(面向4:30)
- 2 RF lock behind LF 右足於左足後鎖踏

- & LF step forward, making 1/4 turn right (7.30)
右轉45度左足前踏(面向7:30)
- 3 RF step forward 右足前踏
- 4 LF lock behind RF 左足於右足後鎖踏
- & RF step forward, making 1/8 turn left (6 o'clock)
左轉45度右足前踏(面向6點鐘)
- 5 LF take big step to left 左足左一大步
- 6 make 1/2 turn right, whilst hitching right knee (12 o'clock)
右轉180度右膝抬(面向12點鐘)
- 7 RF take a big step to right 右足右一大步
- 8 LF touch next to RF 左足併點

第四段 Hiches L/R, Slide Left Diagonal, Hitches R/L, Slide Right Diagonal

- 1 hitch left knee 左膝抬
- & LF step next to RF 左足併踏
- 2 hitch right knee 右膝抬
- & RF step next to LF 右足併踏
- 3 LF take big step to left diagonal (10.30)
左足左一大步(面向190:30)
- 4 RF touch next to LF 右足併點
- 5 hitch right knee 右膝抬
- & RF step next to LF 右足併踏
- 6 hitch left knee 左膝抬
- & LF step next to RF 左足併踏
- 7 RF take big step to right diagonal (1.30)
右足右一大步(面向1:30)
- 8 LF touch next to RF 左足併點

第五段 Charleston With 1/4 Turn Right (2X)

- 1 LF step forward 左足前踏
- 2 RF touch forward 右足前點
- 3 RF step back 右足後踏
- & make 1/4 turn right 右轉90度
- 4 LF touch back 左足後點
- 5 LF step forward 左足前踏
- 6 RF touch forward 右足前點
- 7 RF step back 右足後踏
- & make 1/4 turn right 右轉90度
- 8 LF touch back 左足後點

第六段 Diagonally Steps Forward L/R/L/R With Flicks, Heel/Ball/Step, Slide Forward

- 1 LF step diagonally forward (4.30) 左足斜角前踏(面向4:30)
- & RF flick behind LF 右足於左足後勾
- 2 RF step diagonally forward (7.30) 右足斜角前踏(面向7:30)
- & LF flick behind RF 左足於右足後勾
- 3 LF step diagonally forward (4.30) 左足斜角前踏(面向4:30)

- & RF flick behind LF 右足於左足後勾
 - 4 RF step diagonally forward (7.30) 右足斜角前踏(面向7:30)
 - & LF flick behind RF 左足於右足後勾
 - 5 LF touch heel forward 左足踵前點
 - & LF step next to RF 左足併踏
 - 6 RF step forward 右足前踏
 - 7 LF take a big step forward 左足前一大步
 - 8 RF drag next to LF (weight remains on LF) 右足拖併(重心在左足)
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