

Confession

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Candy Sherwin (USA) - February 2016
音乐: Confession - Florida Georgia Line



#16 count intro

After wall 1 and wall 3, dance 1st count of 8 and restart dance

(1-8) BALL STEP, WALK, POINT SIDE, STEP INTO SIDE R SHUFFLE, R TOE IN, R HEEL - TOE - HEEL IN

&1 -2 Step on right ball of foot, step forward left, step forward right
3&4&5 Point left to side, step L next to R (&), R side shuffle
6 R toes angle in/left
7&8 Move R heel to left, move R toes to left, move R heel to left

(9-16) BALL STEP, WALK, FORWARD, SIDE WITH ½ TURN R, CROSS, STEP CROSS, HOLD, STEP CROSS, STEP SIDE R

&1 -2 Step on R ball of foot, step forward L, step forward R
3&4 Step L forward, change weight to R with ¼ turn R, cross L foot over right (3:00)
&5 6 Step R side, cross L foot over R, hold
&7 8 Step R side, cross L foot over R, step R side

(17-24) L SAILOR WITH ¼ TURN, WALK, KICK L BALL POINT, KICK R BALL POINT, KICK L WITH ¼ TURN L

1&2 3 Step L back, step R side while turning ¼ L (12:00), step L side (sailor), step R forward
4&5 Kick L forward, step L next to R, point R side
6&7 8 Kick R forward, step R next to L, point left side, pivot ¼ L on R foot lifting L leg up (like a hitch) (9:00)

(25-32) STEP, HITCH R WITH ¼ TURN, L, STEP AND SETTLE ¼ TURN L, L SHUFFLE 1/2 TURN, STEP R FORWARD, ROCK BACK

1-4 Step L forward, lift R knee/leg (leading with R hip) turning ¼ L still weighted on L (6:00), step down on R toe, turn ¼ L putting all weight on R (3:00)
5&6 Step L back, step R together with ¼ turn L, step L forward with ¼ turn L (shuffle) (9:00)
7-8 Step R forward. Rock back on L

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