

Stand By U

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Pattie LeBlanc (CAN) - February 2016
音乐: Stand By You - Rachel Platten



SEQUENCE: : A B C C A B C A C C A...□A (32 counts) B (30 counts) C (24 counts)
Intro : 16 counts

(1-8)□STEP LOCK STEP, STEP ROCK STEP, TURN SAMBA, PIVOT 1/2 TURN CROSS

1&2 Step RF fwd (1), lock LF behind RF (&), step RF fwd (2)
3&4 Step LF to the L (3), rock RF behind LF (&), recover on LF (4)
5&6 Rock RF 1/4 turn L (5), recover on LF (&), cross RF over LF (6) (9 o'clock)
7&8 Step LF to the L (7), to 1/2 turn R step on RF (&), cross LF over RF (8) (3 o'clock)

(9-16)□STEP TOUCH, STEP TOUCH, STEP LOCK STEP, COASTER STEP, COASTER CROSS

1&2 Step RF diagonally (1), touch L Toe next to RF (&), step LF back diagonally (2),
& Touch R Toe next to LF
3&4 Step RF back (3), lock LF in front of RF (&), step RF back (4)
5&6 Step LF back (5), bring RF next to LF (&), step LF fwd (6)
7&8 Step RF back (7), bring LF next to RF (&), slightly cross RF over LF (8)

(17-24)□□KICK BALL CROSS, BEHIND SIDE STEP, STEP LOCK STEP, PIVOT 1/2 TURN R

1&2 Kick LF fwd (1) ball on LF (&), cross RF behind LF (2)
3&4 Sweep LF behind RF (3), step right with RF (&), step LF fwd (4)
5&6 Step RF fwd (5), lock LF behind RF (&), step RF fwd (6)
7&8 Step LF fwd (7), bring RF next to LF to 1/2 turn R (&), step LF fwd (8) (9 o'clock)

(25-32)□SHUFFLE R, L 1/4 SAILOR, SHUFFLE R, L 1/4 SAILOR

1&2 Step RF to the R (1), step LF next to RF (&), step RF to the R (2)
3&4 Make 1/4 L stepping LF back (3), recover on RF (&), step LF fwd (4) (6 o'clock)
5&6 Step RF to the R (5), step LF next to RF (&), step RF to the R (6)
7&8 Make 1/4 L stepping LF back (7), recover on RF (&), step LF fwd (8) (3 o'clock)

Restart 1 □On wall 2 after 30 counts
(End of section 4, after 3&4) facing 9 o'clock wall.
Restart 2 On wall 3, after 24 counts
(Section 3, after 7&8) facing 6 o'clock wall
Restart 3□On wall 4, after 24 counts
(End of section 4, after 3&4) facing 3 o'clock wall
Restart 4□On wall 6, after 30 counts
(End of section 4, after 3&4) facing 12 o'clock wall
Restart 5□On wall 7, after 24 counts
(Section 3, after 7&8) facing 9 o'clock wall
Restart 6□On wall 9, after 24 counts
(Section 3, after 7&8) facing 9 o'clock wall
Restart 7□On wall 10, after 24 counts
(Section 3, after 7&8) facing 6 o'clock wall
Keep dancing 'til the end.

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