

My Heart Told Me So

COPPER **NOB**
BYEPOHETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Rob Pointer (AUS) - February 2016
音乐: Love At the End of the Road - Kevin Sharp : (Album: Man of Measure - iTunes - 3:49)



**INTRO: 20 COUNT. START ON VOCALS (BPM 104) 2 RESTARTS.
START POSITION: FEET TOGETHER – WEIGHT ON LEFT.**

SKATE, SKATE, SHUFFLE FORWARD, FORWARD ROCK, TOUCH UNWIND. (6:00)

1 - 2 Skate R, Skate L.
3 & 4 Step R forward, step L next to R, step R forward.
5 - 6 Step L forward, rock back onto R.
7 - 8 Touch L toe back, unwind ½ turn L. (weight on L).

CROSS, SIDE, BACK ROCK, ## SIDE BEHIND, SIDE SHUFFLE. (6:00)

1 - 2 Cross R over L, step L to L side.
3 - 4 ## Step back on R, rock fwd onto L. ##
5 - 6 Step R to R side, step L behind R.
7 & 8 Step R to R side, step L next to R, step R to R side.

CROSS, ¼, ½, STEP FORWARD, FORWARD ROCK, ½ TURN SHUFFLE. (3:00)

1 - 2 Cross L over R, ¼ turn left stepping back on R.
3 - 4 ½ turn left stepping forward on L, step R forward. (9:00)
5 - 6 Step L forward, rock back onto R.
7 & 8 ½ turn shuffle left. (LRL) (3:00)

¼ SIDE ROCK, SAILOR STEP, BEHIND, ¼, STEP FORWARD, FULL TURN LEFT. (3:00)

1 - 2 Turn ¼ left stepping R to R side, rock onto L. (12:00)
3 & 4 Step R behind L, step L to L side, step R to R side.
5 & 6 Step L behind R, step R ¼ turn R, step L forward.
7 - 8 Step forward on R turning ½ turn Left, Step back onto L turning ½ turn Left.

RESTART 1: On wall 5 (front) dance to count 12 ## then Restart dance facing (6:00)

RESTART 2: On wall 9 (3:00) dance to count 12 ## then Restart dance facing (9:00)

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Last Update - 24th Feb. 2016
