

El Sol No Regresa

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Frankie Ray Merchant (NL) - February 2016
音乐: El Sol No Regresa - La Quinta Estación



Start: 32 counts after the Beat start Restart: in wall 9 after 28 counts (count 28 is recover on Lf)

Rock, Recover, Cross rock, Recover, Step Right, Touch, Step Left, Touch.

- 1 - 2 Rf rock to right, Recover on Lf.
- 3 - 4 Rf cross in front of Lf, Recover on Lf.
- 5 - 6 Rf step right, Lf touch next Rf. (hands up, snapp fingers)
- 7 - 8 Lf step Left, Rf touch next Lf. (hands up, snapp fingers)

Rock fwd, Recover, ¼ Turn R, Weave, ¼ Turn R, Step fwd.

- 1 - 2 Rf step fwd, Recover on Lf.
- 3 - 4 make ¼ Turn right, Rf stepping right, Lf cross in front of Rf.
- 5 - 6 Rf step right, Lf cross behind Rf.
- 7 - 8 make ¼ turn right Rf stepping fwd, Lf step fwd. (6 o clock)

Rocking chair, Step fwd, Pivot ¾ turn left, Step right, Cross behind.

- 1 - 2 Rf rock fwd, Recover on Lf.
- 3 - 4 Rf rock back, Recover on Lf.
- 5 - 6 Rf step fwd, Rf & Lf ¾ turn left. (9 o clock)
- 7 - 8 Rf step right , Lf step behind Rf.

Rumba box, Touch back, Step Left, Step back, Touch fwd.

- 1 - 2 Rf step right, Lf step together.
- 3 - 4 Rf step fwd, Lf touch behind Rf.
- 5 - 6 Lf step left, Rf step back.
- 7 - 8 Lf touch in front of Rf, Lf step left

Start again:

Enjoy the dance!

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Last Update - 23rd Feb. 2016