

Stuck In Limbo

拍数: 32 墙数: 4 级数: Intermediate / Advanced WCS
编舞者: Malene Jakobsen (DK) - February 2016
音乐: Toothbrush - DNCE : (Single, Clean - Amazon)



Intro: 32 counts from the beginning 19 sec. seconds into track, dance begins with weight on R

TAG: There is a 8 count Tag after wall 9 you will be facing 9 o'clock. The music actually almost disappears.....

[1-8] Walks, heel turn 1/4, ball cross, side, sailor step, touch

1-2 (1-2) Walk fwd. L, R 12.00
&3 (&) Swivel L heel L making 1/8 L, (4) swivel R heel making another 1/8 left (weight on R) 9.00
&4 (&) Step L next to R, (4) cross R over L 9.00
5 (5) Step L to L 9.00
6&7 (6) Cross R behind L, (&) step L to L, (7) step R to R 9.00
8 (8) Touch L next to R 9.00

[9-16] 1/8 with grind, back with grind, coaster step, 3/8, 1/2, chase

1-2 (1) Turn 1/8 R stepping back on L grinding R heel, (2) step back on R grinding L heel 10.30
3&4 (3) Step back on L, (&) step R next to L, (4) step fwd. on L 10.30
5-6 (5) Turn 3/8 L stepping back on R, (6) turn 1/2 L stepping fwd. on L 12.00
&7-8 (&) Step fwd. on R, (7) turn 1/2 L, (8) step fwd. on R 6.00

[17-24] Fwd. hip bumps, 1/2 hip bumps, hitch with 3/8 turn, step back, touch

1-2 (1) Touch L fwd. pushing L hip slightly fwd., (2) step down on L bumping L hip 6.00
3-4 (3) Turn 1/2 R touching R fwd. pushing R hip slightly fwd., (2) step down on R bumping R hip 12.00
5-6 (5-6) Hitch L twice making a total of 3/8 turn R on ball of R 4.30
7-8 (7) Step slightly back on L, (8) touch R next to R 4.30

[25-32] Ball step, step fwd., mambo step, run back,

&1-2 (&) Step R next to L, (1) step fwd. on L, (2) step fwd. on R 4.30
3&4 (3) Rock fwd. on L, (&) recover onto R, (4) step back on L 4.30
&5 (&) Step back on R, (5) step back on L 4.30
6-7 (6) Rock back on R, (7) as you recover onto L make 1/4 R 7.30
8 (8) Put your weight onto L making 1/8 R 9.00

TAG: Fwd. hold, fwd. rock, back, hold, back rock

1-2-3-4 (1) Step fwd. on L, (2) hold, (3) rock fwd. on R, (4) recover onto L 9.00
5-6-7-8 (5) Step back on R, (6) hold, (7) rock back on L, (8) recover onto R 9.00

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