

Mango Juice

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Improver
编舞者: Shelly Zimmerman (USA) & Paul Dornstedt (USA) - September 2015
音乐: Mango Tree (feat. Sara Bareilles) - Zac Brown Band : (CD: Jekyll & Hyde, iTunes)



Lead in 16 counts,

[1 – 8] □ SIDE, TOGETHER, BACK, HOLD, SIDE, TOGETHER, 1/4 LEFT, BRUSH

- 1 - 4 Step right side right, step left next to right, step back on right, hold
5 - 8 Step left side left, step right next to left, turn 1/4 left and step forward on left, brush right (9:00)

[9 -16] □ STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

- 1 - 4 Step right to right forward diagonal, lock left behind right, step right to right forward diagonal, brush left
5 - 8 Step left to left forward diagonal, lock right behind left, step left to left forward diagonal, brush right

[17 – 24] □ FORWARD, 1/4 LEFT, CROSS, HOLD, 1/4 RIGHT, 1/4 RIGHT, CROSS, HOLD

- 1 - 4 Step forward on right, turn 1/4 left and step on left, cross right over left, hold □ (6:00)
5 - 6 Turn 1/4 left and step back on left, turn 1/4 left and step right side right, □ (12:00)
7 - 8 Cross left cross right facing 1:30, hold □ (1:30)

[25 – 32] □ ROCK FORWARD, RECOVER, BACK, SWEEP BACK, SWEEP, ROCK BACK, RECOVER

Dance the following 8 counts facing right forward diagonal (1:30)

Note: □ Optional, during 2nd and 5th rotation accentuate heavy on counts 1 - 2 with hip bumps.

- 1 - 4 Rock right forward, recover weight back on left, step back on right, sweep left back □ (1:30)
5 - 8 Step back on left, sweep right, rock back on right, recover weight forward on left □ (1:30)

[33 – 40] □ KICK, BACK, BACK, CROSS, KICK, BACK, BACK, CROSS

- 1 - 2 Kick right to right forward diagonal (1:30), step back on right □ (1:30)
3 - 4 Step back on left (squaring to 12:00), right step forward and slightly across left □ (12:00)
5 - 6 Kick left to left forward diagonal (10:30), step back on left
7 - 8 Step back on right (squaring to 12:00), step forward on left and slightly across left (1:30)

[41 – 48] □ ROCK FORWARD, RECOVER, 1/8 RIGHT, HOLD, FORWARD, 1/4 RIGHT, CROSS, HOLD

- 1 - 4 Rock forward on right, recover weight back on left, turn 1/8 right and step forward on right, hold □ (3:00)
5 - 8 Step forward on left, turn 1/4 right and step back on right, cross left over right, hold (6:00)

Restart here during third and sixth rotations.

[49 – 56] □ SIDE ROCK, RECOVER, CROSS, HOLD, SIDE ROCK, RECOVER, CROSS, HOLD

- 1 - 4 Rock right side right, recover weight on left, cross right over left, hold
5 - 8 Rock left side left, recover weight on right, cross left over right, hold

[57 – 64] □ FORWARD, POINT, FORWARD, POINT, JAZZ BOX

- 1 - 4 Step forward on right, point left side left, step forward on left, point right side right
5 - 8 Cross right over left, step back on left, step right side right, cross left over right

REPEAT. □

RESTART: Restart during third and sixth rotations.

Complete 48 counts of the third rotation, you will be facing the 6:00 o'clock wall, and Restart.

Complete 48 counts of the sixth rotation, you will be facing the 12:00 o'clock wall, and Restart.

ENDING: The last rotation finishes on the 12:00 o'clock wall.

Contact ~ E-mail: letsgetitsold@mac.com
