

Gypsy Rosa Li (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rob Fowler (ES) - 2010年07月
音乐: Gypsy - Ray Scott : (CD: My Kind Of Music)



前奏 : Start on vocals 唱歌起跳

第一段 Step Together Right Shuffle Forward, Rock Step ½ turn Shuffle 踏鎖, 前鎖步, 下沉 回復, 轉交換

- 1,2 Step forward right, Step Left Behind Right 右足前踏, 左足於右足後踏
3&4 Step forward Right, Step Left Behind Right, Step Forward Right
右足前踏, 左足於右足後踏, 右足前踏
5,6 Rock forward onto Left foot, recover back onto Right
左足前下沉, 右足回復
7&8 Make ½ turn to Left stepping forward onto Left, Step Right Next To Left, Step Forward Left 左
轉180度左足前踏, 右足併踏, 左足前踏

第二段 Step Forward Right Step Together Right Shuffle Forward, Rock Step ½ turn Shuffle 踏鎖, 前鎖步, 下沉 回復, 轉交換

- 1,2 Step forward right, Step Left Behind Right
右足前踏, 左足於右足後踏
3&4 Step forward Right, Step Left Behind Right, Step Forward Right
右足前踏, 左足於右足後踏, 右足前踏
5,6 Rock forward onto Left foot, recover back onto Right
左足前下沉, 右足回復
7&8 Make ½ turn to Left stepping forward onto Left, Step Right Next To Left, Step Forward Left 左
轉180度左足前踏, 右足併踏, 左足前踏

第三段 ¼ Turn Side Rock Cross, Sweep, Cross Side Behind Sweep 1/4右下沉 回復, 交叉繞, 交叉右, 後繞

- 1,2 Make ¼ Turn Left Rocking Right To Right Side, Recover to Left Side
左轉90度右足右下沉, 左足回復
3,4 Cross Right Over Left, Sweep Left In front of Right
右足於左足前交叉踏, 左足繞至右足前
5,6 Cross Left Over Right, Step Right To Right Side
左足於右足前交叉踏, 右足右踏
7,8 Step Left Behind Right, Sweep Right Behind Left
左足於右足後踏, 右足繞至左足後

第四段 Behind Side, Touch Forward, Side, Sailor Step, Rock Step 後左, 前點 右點, 水手步, 交叉下沉 回復

- 1,2 Step Right Behind Left, Step Left to Left Side
右足於左足後踏, 左足左踏
3,4 Touch Right Toe in Front Of Left, Touch Right Toe To Right Side
右足趾於左足前點, 右足趾右點
5&6 Right Sailor Step 右水手步
7,8 Cross Left over Right, Recover Back on Right
左足於右足前交叉下沉, 右足回復

- 第五段 Side Hold Together Cross, ½ Turn Left, Side Together Chasse Left**
左, 候 併 交叉, 右, 轉 併, 左追步
- 1,2 Step Left To Left Side, Hold 左足左踏, 候
- &3,4 Step Right Next To Left, Cross left Over Right, Step Right To Right Side 右足併踏, 左足於右足前交叉踏, 右足右踏
- 5,6 Make ½ Turn Left Stepping Left To Left Side, Step Right Next To Left
左轉180度左足左踏, 右足併踏
- 7&8 Left Side Chasse 左追步
- 第六段 Rock Step & Cross Side ½ Turn Syncopated Weave**
交叉下沉 回復 右 交叉 右, 1/2變奏藤步
- 1,2 Rock Right Over Left, Recover Back On Left
右足於左足前交叉下沉, 左足回復
- &3,4 Step Right to Right side, Cross Left Over Right, Step Right To Right Side 右足右踏, 左足於右足前交叉踏, 右足右踏
- 5,6 Make ½ Turn Left Stepping Left To Left Side, Cross Right Over Left
左轉180度左足左踏, 右足於左足前交叉踏
- &7,8 Step Left To Left Side, Step Right Behind Left, Step Left To Left Side 左足左踏, 右足於左足後踏, 左足左踏
- 第七段 Rock Step, ¼ Turn Shuffle, ½ Turn Shuffle, ½ Turn Shuffle**
交叉下沉 回復, 1/4轉交換, 轉交換, 轉交換
- 1,2 Cross Right Over Left, Recover Back on Left
右足於左足前交叉下沉, 左足回復
- 3&4 Chasse Right Making ¼ Turn Right 右轉90度右追步
- 5&6 Make ½ Turn Right Doing Left Shuffle Backwards 右180度轉交換
- 7&8 Make ½ Turn Right Doing Right Shuffle Forwards 右180度轉交換
- 第八段 Rock Step Coaster Step, Rock Step 1 ½ Turn Back Right**
下沉 回復, 海岸步, 下沉 回復, 轉 轉 轉
- 1,2 Rock Forward Left, Recover Back On Right 左足前下沉, 右足回復
- 3&4 Left Coaster Step 左海岸步
- 5,6 Rock Forward Right, Recover Back On Left
右足前下沉, 左足回復
- 7,8& Make ½ Turn Right Step For Right, Make 1/2 Turn Right Step Back Left, & On Ball Of Left Make ½ Turn Right
(Wiegth Should Be Still On Ball Of Left Start Dance Stepping Forward Right)
右轉180度右足右踏, 右轉180度左足後踏, 重心在左足右轉180度接續第1拍的右足前踏
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