

Anak Medan

COPPER KNOB
BY STEPHEN

拍数: 148 墙数: 1 级数: Phrased Easy Intermediate
编舞者: Oco Budisatrio (INA), Dewi Abri (INA) & Wenarika Josephine (INA) - February 2016
音乐: Anak Medan - Trio Lamtama



Intro : 32 counts, dance starts on vocal Sequence : AA.B.CC .AA -TAG- D.B.CC.AAA

Part A (20) :

SIDE CHASSE R-L, BACK DIAGONAL CHASSE R-L, FWD KICK, BACK TOUCH, PIVOT ¼ LEFT TWICE

- 1&2, 3&4 Chasse to right on R-L-R , chasse to left on L-R-L
5&6, 7&8 Shuffle back right diagonal on R-L-R, shuffle back left diagonal on L-R-L
9 – 12 R forward – L kick forward – L step back – R toe touch back
13 – 16 R forward – L kick forward – L step back – R toe touch back
17 – 20 R forward – ¼ turn left recover L - R forward – ¼ turn left recover L (6.00)

Part B (40) :

R/L DIAGONAL CROSS TOUCHES , V STEP W/ ¼ TURN R TWICE , REPEAT , R/L CHASSE, JAZZ BOX

- 1 – 4 (face diag left) R touch fwd – R touch back – R touch fwd – R next to L (12.00)
5 – 8 (face diag right) L touch fwd – L touch back – L touch fwd – L next to R (12.00)
9 – 12 R fwd and out – L to side – turn ¼ right step R to side – L next to R (3.00)
13 – 16 R fwd and out – L to side – turn ¼ right step R to side – L next to R (6.00)
17 – 32 Repeat count 1 – 16, (you should end facing 12.00)
33 & 34 Right chasse on R – L – R
35 & 36 Left chasse on L – R – L
37 – 40 R cross over L – L step back – R step to side – L step fwd

Part C (36):

(R/L) SYNCOPATED SIDE STEPS, FULL TURN VOLTA - (R/L) DIAGONAL FWD BACK TOUCH, BOTA FOGO - SIDE SHUFFLES, ½ TURN LEFT SIDE SHUFFLES, JAZZ BOX

- 1&2&3&4 R to side – L together – R to side – L together – R to side – L together – R to side
5&6&7&8 ¼ right L touch side – recvr R – ¼ right L touch side – recvr R – ¼ right L touch side – ¼ right recvr R – L touch next to R
9 – 16 Repeat count 1 – 8, same pattern but start with L foot to left side , do the ¼ turn to left
17-18 (diag left) R touch fwd – R touch back
19&20 R fwd – L to side – recvr R (diag right)
21 – 22 (diag right) L touch fwd – L touch back
23&24 L fwd – R to side – recvr L (12.00)
25 & 26 Chasse to right on R – L – R
27 & 28 Chasse to left on L – R – L
29 & 30 Turn ½ left, chasse to right on R-L-R (6.00)
31 & 32 Chasse to left on L-R-L
33 – 36 R cross over L – L step back – R step to side – L step fwd

Part D (48) :

(R/L) HEEL TOE TOUCHES – ½ TURN, HITCH – (R/L) SIDE & FLICKS, MIRROR SIDE CHASSE – FULL RIGHT CIRCLE STEPS & SHUFFLES

- 1 – 4 Touch R heel fwd – repeat – touch R toe back – repeat
5 – 8 R fwd – ½ turn right, step L back – R back – hitch L (6.00)
9 – 12 Touch L heel fwd – repeat – touch L toe back – repeat
13 – 16 L fwd – ½ turn left, step R back – L back – hitch R (12.00)
17 – 20 R to side – flick L behind R – L to side – flick R behind L

- 21 & 22 Right chasse on R-L-R
23 & 24 Turn ½ right, left chasse on L-R-L (6.00)
25 – 28 R to side – flick L behind R – L to side – flick R behind L
29 & 30 Right chasse on R-L-R
31 & 32 Turn ½ right, left chasse on L-R-L (12.00)
33 – 48 Make a full circle to right , with small steps of: R-L, fwd shuffle, L-R, fwd shuffle (repeat)

Tag : 6 counts (with body movements)

- 1 & 2 lean to right side , shoulder pop R-L-R
3 & 4 lean to left side, shoulder pop L-R-L
5 – 6 pop R shoulder – pop L shoulder

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