Tell Me Ma



编舞者: Claire Denney (CAN) - January 2016

音乐: Tell Me Ma - Sham Rock



Choreographed for OK Falls teen night January 2016

32 count intro

Cton	IZ: ala	Cton	IZ:ala	Cit Daves	11-	Da	11-
Sieb.	NICK,	Siep,	NICK,	Sit Down	, UP.	, DOWII,	. UD

1- 2	Step right, Left kick forward
3 - 4	Step left, Right kick forward

5 Touch right toe forward 1:00 and sit down (weight left) 6 - 8 Stand up, Sit down, Stand up (these are a small down/up)

Right Side, Together, Side, Back Rock, Recover (this is called a Lindy) Left Side, Together, Side, Back Rock, Recover (this is called a Lindy)

1 & 2	Step right, Step left beside right, Step right
3 - 4	Left rock behind right, Recover weight on to right
5 & 6	Step left, Step right beside left, Step left
7 - 8	Right rock behind left, Recover weight on to left

Shuffle Forward Four Times On The Diagonals

1 & 2	Step right forward 1:00, Step left beside right, Step right beside left
3 & 4	Step left forward 11:00, Step right beside left, Step left beside right
5 & 6	Step right forward 1:00, Step left beside right, Step right beside left
7 & 8	Step left forward, 11:00, Step right beside left, Step left beside right

Step Forward, 1/4 Turn Left, Step Forward, 1/4 Turn Left, Rocking Chair

1 - 2	Right toe step forward, Step 1/4 turn left (weight on left)
3 - 4	Right toe step forward, Step 1/4 turn left (weight on left)
5 - 6	Right rock forward, Recover on to left
7 - 8	Right rock back. Recover on to left

Enjoy with Attitude

Contact: claire.denney1@gmail.com