

# Bird Set Free

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Bird Set Free - Sia



## S1. Side, back rock, recover, x2, step, 1/4 turn R with sweep, rock Fwd, recover, 1/2 turn L, step, pivot 1/2 turn L, step

1-2&      step RF to the R, LF back rock, recover  
3-4&      step LF to the L, RF back rock, recover  
5          Step RF with 1/4 turn to the R with a sweep  
6&7      LF rock forward, recover, step LF with 1/2 turn to the L  
8&1      step RF, 1/2 turn to the L, step RF

## S2. Full turn R, 1/2 turn R, back rock, recover, Walk, walk, cross, back, heel

2&3      full turn to the R, LF back with 1/2 turn to the R  
4&5      RF back rock, recover, Walk RF  
6          Walk LF  
7&8      cross RF in front of LF , LF back , RF Heel

## S3. Return, cross rock Fwd, recover, 1/4 turn L, cross rock Fwd, recover, 1/4 turn R, step, 1/2 turn R, full turn R, 1-4 turn R

&1&2      RF return next to the LF , LF cross rock forward, recover, step the LF to the L with 1/4 turn to the L  
3&4      RF cross rock forward, recover, step RF to the R with 1/4 turn R  
5-6.      Step LF , pivot 1/2 turn to the R  
7&8      full turn to the R, step LF with 1/4 turn to the R

## S4. Back rock, recover, Side, behind, Side , cross , step, Side, back, behind, Side , cross

1&2      RF back rock , recover , step the RF to the R  
3&4      cross LF behind RF , step the RF to the R, cross LF in front of RF  
5&6      RF step in diagonal , step the LF to the L , back RF  
7&8      cross LF behind RF , step the RF to the R, cross LF in front of RF

**Restart : at 5th wall : at the end of the 2nd section , after RF Heel; point RF next to the LF And ... Restart!**

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