My Church



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Lynn Luccisano (USA) - February 2016 音乐: My Church - Maren Morris: (iTunes)



#16 count intro {Start on the vocals} - 1 EASY 2 CT TAG; 1 EASY TO HEAR RESTART!

SHUFFLE DIAGONAL R-L-R, L-R-L, JAZZ BOX 1/4 R, STEP 1/4 L, STEP R BEHIND L, STEP 1/4 L

1&2 Step R slightly diagonal, step L next to R, step R slightly diagonal ☐ {12:00}

3&4 Step L slightly diagonal, step R next to L, step L slightly diagonal

5&6 Cross R over L, step L back, step R 1/4 turn R - {3:00}

7&8 Step on L ¼ turn to the R {6:00}, R step behind L, step on L ¼ turn to L {3:00}

{Alternate for 7&8: step L fwd, lock R behind L, step L fwd}

PIVOT ¼ L CROSS R, L SIDE ROCK CROSS, WEAVE R, BIG STEP R, TOUCH L

1&2 Step fwd on R, turn ½ L taking weight on L, cross R over L {12:00}

3&4 Rock L to L side, recover on R, cross L over R

5&6& Step R to R side, step L behind R, step R to R side, step L across R

7-8 Big step R on R, touch L next to R

**RESTART HERE ON WALL 5, FACING 12:00-see notes

L RHUMBA FWD, R RHUMBA BACK, L COASTER STEP, R FWD MAMBO STEP□

1&2 Step L to L side, step R to L, step L fwd □ {12:00}

3&4 Step R to R side, step L to R, step R back5&6 Step L back, step R to L, step L Fwd

7&8 Rock fwd on R, recover on L, step R next to L

1/8 TURNS L ON L, TOUCH R, ON R TOUCH L, ON L TOUCH R ON R TOUCH L, 1/4 ON L, STEP R-L

1&2& Step 1/8 turn on L, touch R, step back 1/8 turn on R, touch L \square {9:00} 3&4& Step 1/8 turn on L, touch R, step back 1/8 turn on R, touch L {6:00}

5-6 Step ¼ turn on L, touch R □{3:00}7-8 Step R to the side, Step L next to R

*TAG: End of wall 3 facing 9:00-hold for 2 counts or sway R-L

**RESTART: there is a musical break at the start of wall 5 facing 12:00.

Dance the 1st 16 cts but take the weight L on ct 8 and Restart the dance facing 12:00.

Contact: Lynn Luccisano- cheralike13@aol.com Keep dancin'!

Last Update - 1st March 2016