

Shaggin' Shuffle

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Rosie Multari (USA) - February 2016
音乐: Shamamma Ding Dong - Otis Day & The Knights
或: Shama Lama Ding Dong - Band of Oz



No Tags No Restarts

Alt.: Dancin & Shaggin by Boys Club & a Babe available on amazon.com

[1-8]□□□Lindy Right, Rockin' Chair*

1& 2 Step R to right, Step L next to R, Step R to right
3, 4 Rock back on L, recover weight to R
5, 6 Rock forward on left, recover weight to R
7, 8 Rock back on L, recover weight to R

[9-16]□□□Shuffle, 1/2 Pivot, Shuffle 1/2 Pivot

1& 2 Shuffle forward L, R, L
3, 4 Step forward R, pivot 1/2 turn left, changing weight to L
5& 6 Shuffle forward R, L, R
7, 8 Step forward L, pivot 1/2 turn right, changing weight to R

[17-24]□□□Lindy Left, Rockin' Chair*

1& 2 Step L to left, Step R next to L, Step L to left
3, 4 Rock back on R, recover weight to L
5, 6 Rock forward on R, recover weight to L,
7, 8 Rock back on R, recover weight to L

[25-32]□□□Shuffle, 1/2 Pivot Turn, Shuffle, 1/4 Pivot Turn

1&2 Shuffle forward R, L, R
3, 4 Step forward L, pivot 1/2 turn right, changing weight to R
5 & 6 Shuffle forward L, R, L
7, 8 Step forward R, pivot 1/4 turn left, changing weight to L (3 o'clock)

[33-40]□□□Cross Weave, 1/4 Turn Touch, Diagonal Shuffles

1, 2 Step R over L, step L to left
3, 4 Step R behind L as you 1/4 turn right, flick L (6 o'clock)
5 & 6 Shuffle on the diagonal L, R, L
7 & 8 Shuffle on the diagonal R, L, R

[41-48]□□□Syncopated Grapevine Left, Heel Switches, 1/4 Turn

1, 2 Step L to left side, cross R behind L
& 3, 4 Step L to left side, quickly cross R in front of L, stomp L next to R
5& 6&7, 8 Touch R heel forward, step R next to L, touch L heel forward, step L next to R, Touch R heel forward, pivot 1/4 turn right on both the ball of L foot & R heel, weight remains in the left (9 o'clock)

Begin again!

*Choreographer's note: you can substitute two 1/2 pivot turns for the Rockin' Chairs (counts 5-8 and 21-24)

The dance starts on the vocals on every song, but the lead in varies. The Band of Oz version has a long intro, so you can either wait 80 counts (36 sec) or start sooner, waiting 32 counts (14 sec) but you will be dancing

before the full vocals start. With the Otis Day version, you start after 32 counts. With the Boys Club & a Babe song, you start after 32 counts.

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