

Take It Back

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Maria Smith (AUS) & David Hoyn (AUS) - February 2016
音乐: "Take It Back" - JP Harris & The Tough Choices (2:29)



Start : □ On Vocals

(1-8) □ □ Walk Fwd Right, Left, Charleston, Step Right Full Turn, Step Fwd On Left

1, 2 Walk Fwd on Right, Walk Fwd on Left
3, 4 Swing Right Toe Fwd, Swing Right Toe Back and Step onto Right
5, 6 Swing Left Toe Back, Swing Left Toe Fwd and Step onto Left
7, 8 Step Fwd onto Right, Making Full Turn Left Stepping Fwd on Left (12 O'Clock)

(9-16) □ Rock Right Fwd Recover On Left, ½ Turn Shuffle Fwd RLR, Left Fwd Coaster Step, Right Coaster Step

1, 2 Rock Fwd onto Right, Recover onto Left
3&4 Making a Half Turn Right Step Right, Left, Right (6 O'Clock)
5&6 Step Left Fwd, Step Right next to Left, Step Back onto Left
7&8 Step Back onto Right, Step Left next to Right, Step Right Fwd

(17-24) □ Point Left Toe, Point Right Toe, Right Sailor Step, Left Sailor Step With ¼ Turn Left

1&2 Point Left Toe out to Left Side, Step Left next to Right, Point Right Toe out to Right Side
3&4 Step Right Behind Left, Step Left out to Left, Step Right in Place
5&6 Step Left Behind Right, Step Right into a Quarter Turn Left, Step Left Fwd (3 O'Clock)
7&8 Step Right Fwd, Lock Left Behind Right, Step Right Fwd

(25-32) □ Step Left Fwd, ½ Turn Right Stepping Right Fwd, Step Left Fwd, Right Heel & Left Heel & Step ¼ Turn Left, Right Heel & Left Heel & Step Left Next To Right

1&2 Step Left Fwd, Making a Half Turn Right Stepping Right Fwd, Step Left Fwd (9 O'Clock)
3&4 Touch Right Heel Fwd at 45 Degrees Right, Step Right next to Left, Touch Left Heel Fwd at 45 Degrees
&5,6 Step Left next to Right, Step Right Foot Fwd, Pivot a Quarter Turn Left, (Weight on Left) (6 O'Clock)
7&8& Touch Right Heel Fwd at 45 Degrees Right, Step Right next to Left, Touch Left Heel Fwd at 45 Degrees, Step Left next to Right

Start Again

Restarts on 3rd wall and 6th wall after count 18 (Right Toe Out To Right Side)

I Hope You All Enjoy The Dance
See You All On The Dance Floor

Contact: kclawns@yahoo.com.au