

Ex's and Oh's

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mike Stringer (UK) - February 2016
音乐: Ex's & Oh's - Elle King



#16 Count Intro

SECTION 1: Grapevine right, touch out, hitch 1/4, touch out, touch together

1,2 Step R to R side, Step L behind R (12:00)
3,4 Step R to R side, touch L next to R (12:00)
5,6 Touch L out to L side, Hitch L knee as you turn 1/4 over right shoulder (3:00)
7,8 Touch L out to L side, Touch L in place next to R (3:00)

SECTION 2: Grapevine left, hip rolls from left to right

1,2 Step L to L side, step R behind L (3:00)
3,4 Step L to L side, Step R in place next to L (3:00)
5,6 Roll hips a full circle from L to R (3:00)
7,8 Roll Hips a full circle from L to R (3:00)

Alternative to counts 5-8, bump hips R,L,R,L

SECTION 3: Step, lock, step, scuff X2

1,2 Step R forward, lock L behind R (3:00)
3,4 Step R forward, Scuff L past R (3:00)
5,6 Step L forward, lock R behind L (3:00)
7,8 Step L forward, Scuff R past L (3:00)

SECTION 4: Rocking Chair, 1/2 Pivot turn, stomp stomp

1,2 Rock R forward, recover onto L (3:00)
3,4 Rock R back, recover onto L (3:00)
5,6 Step R forward, 1/2 turn over L shoulder (9:00)
7,8 Stomp R, stomp L (optional hand claps) (9:00)

BEGIN AGAIN

Restart: On the fifth wall of dance, you will dance upto and including count 8, section 2 (hip rolls) then begin the dance from the beginning, facing 3:00

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