

Rockin' In The Rain

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Beginner / Improver
编舞者: Sue Marshall (UK) - February 2016
音乐: Rockin' With the Rhythm of the Rain - The Judds



Or Rhythm Of The Falling Rain By The Cascades (Slower)

Section 1. □RIGHT MAMBO FORWARD, LEFT MAMBO BACK□

1,2 Rock forward onto Right, recover back onto Left,
3,4 Step Right next to Left, HOLD
5,6 Rock back onto Left, recover forward onto Right
7,8 Step Left next to Right, HOLD

Section 2. □CHASSE RIGHT, CROSS ROCK

1,2 Step Right to right side, close Left to Right,
3,4 Step Right to right side, HOLD
5,6 Rock Left across front of Right, recover onto Right,
7,8 Rock Left across front of Right, HOLD

Section 3. □SIDE ROCK-RECOVER-ACROSS, CHASSE LEFT

1,2 Rock Right to right side, recover onto Left
3,4 Step Right across front of Left, HOLD
5,6 Step Left to left side, close Right to Left,
7,8 Step Left to left side, HOLD

Section 4. □CROSS ROCK, HIP BUMPS x 3

1,2 Rock Right across front of Left, recover onto Left,
3,4 Rock Right across front of Left, HOLD
5,6 Step Left small step to left bumping hips Left, bump hips right
7,8 Bump hips left, HOLD. END OF AB DANCE - SEE NOTE BELOW

Section 5. □WEAVE TO LEFT, SWEEP, WEAVE TO RIGHT

1,2 Step Right across Left, step Left to left side,
3,4 Step Right behind Left, sweep Left around to back
5,6 Step Left behind Right, step Right to right side
7,8 Step Left across front of Right, HOLD

Section 6. ROCK FORWARD, RECOVER, ROCK SIDE, RECOVER, ROCK BACK, RECOVER (STAR ROCKS), STOMP

1,2 Rock Right forward, recover onto Left)
3,4 Rock Right to right side, recover onto Left) Star Rocks
5,6 Rock Right back, recover onto Left)
7,8 Stomp Right softly next to Left, HOLD

Section 7. □SLOW LEFT HEEL JACK, 2 x HEEL DIGS

1,2 Cross Left over Right, step back on Right
3,4 Dig Left heel forward, step Left in place next to Right
5,6 Dig Right heel forward, step Right next to Left
7,8 Dig Left heel forward, step Left next to Right

Section 8. □MONTEREY TURN ¼ RIGHT, 3 X TOE POINTS

1 Point Right toe to Right side
2 On ball of Left foot swivel ¼ turn to right, stepping Right down next to Left

3,4 Point Left toe to left side, step Left next to Right
5,6 Point Right toe out to right side, touch Right beside Left,
7,8 Point Right toe out to right side, HOLD

START AGAIN and SMILE!

FOR AB BEGINNERS- Use first 32 counts of the dance only, turning ¼ turn left on last hip bump:-

5 – 6 Step onto Left bumping hips left, bump hips right

7 – 8 Turn ¼ left onto Left foot, HOLD. Then start dance again from beginning.

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