

You Can't Stop Me!

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Low Intermediate
编舞者: Sally Shock (USA) - January 2016
音乐: You Can't Stop Me (feat. Thomas Rhett) - Brett Eldredge



Intro: 16 Counts

S1: Walk, Walk, Anchor Step, Toe Back, ½ Left Turn, Kick Ball Change

1 – 2 Walk Right, Left
3 & 4 Step R behind L, Recover down on L, Step R out (slightly back)
5 – 6 Touch Left toe back, turn ½ left weight ending on left
7 & 8 Kick Right forward, step on ball of Right, Step on Left

S2: Walk, Walk, Anchor Step, Toe Back, ½ Left Turn, Kick Ball Change

1 – 2 Walk Right, Left
3 & 4 Step R behind L, Recover down on L, Step R out (slightly back)
5 – 6 Touch Left toe back, Turn ½ left weight ending on left
7 & 8 Kick Right forward, step on ball of Right, Step on Left

S3: Toe Switches with cross, Shuffle Side, Rock Recover

1&2& Touch Right toe forward, step Right next to left, Touch Left toe forward, step Left next to right
3 & 4 Touch Right toe forward, step Right next to left, cross step Left over right
5 & 6 Shuffle side, Right, Left, Right
7 – 8 Rock back on Left, recover on Right

S4: Toe Switches with cross, Shuffle Side, Rock Recover

1&2& Touch Left toe forward, step Left next to right, Touch Right toe forward, step Right next to left
3 & 4 Touch Left toe forward, step Left next to right, cross step Right over left
5 & 6 Shuffle side, Left, Right, Left
7 – 8 Rock back on Right, recover on Left

S5: Diagonal Hip rock, Diagonal Shuffle, Diagonal Hip rock, Diagonal Shuffle

1 -2 Step Right forward at right diagonal rocking (scooping motion) hips forward, recover on Left
3 & 4 Shuffle right diagonal, Right, Left, Right.
5 – 6 Step Left forward at left diagonal rocking (scooping motion) hips forward, recover on Right
7 & 8 Shuffle left diagonal, Left, Right, Left

S6: Hips Bumps Back

1 & 2 Touch Right back at slight diagonal, bump hips Right, Left, Right
3 & 4 Touch Left back at slight diagonal, bump hips Left, Right, Left
5 – 8 Repeat above

RESTART AFTER 48 COUNTS ON WALL 2 WALL (3 O'CLOCK) AND WALL 4 (6 O'CLOCK)

S7: ¼ Monterey Turn, Jazz Box

1 – 4 Touch Right toe to side, making ¼ turn right step on Right, point Left to side, step Left home
5 – 8 Cross Right over Left, Step back on Left, Step Right to side, Step Left together

S8: Jazz Jumps Forward, Quick Step Touches Back

&1-2 Jump forward Right, Left, Hold
&3-4 Jump forward Right, Left, Hold
&5&6 Step Right back, touch Left next to Right, Step Left back, touch Right next to Left
&7&8 Step Right back, touch Left next to Right, Step Left back, touch Right next to Left

REPEAT

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