

Stand By You

COPPER KNOB
STEPSHEETS

拍数: 60 墙数: 2 级数: Advanced
编舞者: Maggie Gallagher (UK) - February 2016
音乐: Stand By You - Rachel Platten : (amazon)



Intro: □ 16 counts (10 secs)

S1: WALK, STEP, ½, ¼ POINT, ROCK BACK DRAG, BEHIND SIDE WALK

- 1-2 Walk forward on right, Step forward on left
- &3 ½ pivot right, ¼ right pointing left toe to left side [9:00]
- 4&5 Cross rock back on left, Recover on right, Take a long step to left side dragging right to meet left
- 6&7 Cross right behind left, Step left to left side, Turn ⅙ left walking forward on right [7:30]

S2: STEP, ½, STEP, WALK, TRIPLE FULL TURN, CROSS DRAG, ROCK BACK, DRAG ROCK BACK

- 8&1 Step forward on left, ½ pivot right, Walk forward on left [1:30]
- 2-3&4 Walk forward on right, Triple full turn right stepping left right left
- &5 Step right slightly across left, Step left to left side straightening to [12:00] dragging right to meet left
- 6&7 Rock back on right, Recover on left, Take a long step to right side dragging left to meet right
- 8& Rock back on left, Recover on right

S3: ¼ L, STEP, ½, SIDE ROCK CROSS, SIDE ROCK CROSS & BEHIND SIDE CROSS

- 1-2& ¼ left stepping forward on left, Step forward on right, ½ pivot left [3:00]
- 3&4 Rock right to right side, Recover on left, Cross right over left
- 5&6 Rock left to left side, Recover on right, Cross left over right
- &7&8 Step right to right side, Cross left behind right, Step right to right side, Cross left over right facing diagonal [4.30]

S4: WALK, ½ RISE, RUN LRL, ROCK, ROCK, TOGETHER, ROCK, ROCK, TOGETHER

- 1-2 Walk forward on right, ½ left keeping weight back on right & raising left leg up into a kick forward [10:30]
- 3&4 Run forward left, right, left
- 5-6& Rock and press forward on right, Recover on left, Step right next to left
- 7-8& Rock and press forward on left, Recover on right, Step left next to right

S5: ⅙ CROSS SIDE BEHIND SWEEP, BEHIND SIDE CROSS, PRESS, HITCH, CROSS SHUFFLE

- 1&2 ⅙ left crossing right over left, Step left to left side, Cross right behind left [9:00]
- &3&4 Ronde sweep left from front to back, Cross left behind right, Step right to right side, Cross left over right
- 5-6 Press forward on right to slight diagonal, Recover on left hitching right
- 7&8 Cross right over left, Step to left side, Cross right over left

S6: & ¼ L, ¼ L, ¼ CROSS SHUFFLE, ⅙ L, ⅙ L, ¼ L SHUFFLE (Note: This section is a full turn and a ¼)

- &1-2 Step left to left side, ¼ left slightly crossing right over left, ¼ left stepping on left [3:00]
- 3&4 ⅙ slightly crossing right over left, Step left next to right, ⅙ slightly crossing right over left [12:00]
- 5-6 ⅙ left stepping on left, ⅙ left slightly crossing right over left [9:00]
- 7&8 ¼ left stepping forward on left, Step right next to left, Step forward on left [6:00] *Restart Wall 2 & 4

S7: WALK, SWEEP, SWEEP, L SAILOR, R SAILOR, ROLL, ROLL &

- 1-2-3 Walk forward on right, Ronde sweep left from back to front, Ronde sweep left toe from front to back (weight on right)

4&5 Cross left behind right, Step right to right side, Step left to left side
&6& Cross right behind left, Step left to left side, Step right to right side
7-8& Roll hips to left, Roll hips to right, Step left next to right ** Restart Wall 5

S8: FWD ROCK, BACK, BACK, TOUCH

1-2 Rock forward on right, Recover on left
&3-4 Step back on right, Step back on left, Touch right next to left

RESTARTS:-

*** Wall 2 & 4 after 48 counts [12:00]**

**** Wall 5 after 56& counts [6:00]**

**## Thank You To Kelvin Deadman & Jane Kenrick For Suggesting The Music
Dedicated To Janne Gangstad & Oslo Line Dance Club, Norway ##**

Contact: www.maggieg.co.uk
