

Better Than a Hallelujah

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver NC2S
编舞者: Christina Yang (KOR) - February 2016
音乐: Better Than a Hallelujah - Amy Grant



Start the dance after 16 counts

SECTION 1: SIDE LONG STEP, FOOT CLOSED AND FOOT CHANGE, CROSS, SIDE LONG STEP, 1/4 TURN TO R WITH FOOT CLOSED AND FOOT CHANGE, CROSS, NC2S SIDE BASIC, SIDE, BACKWARD ROCK, RECOVER

1-2& RF side long step, LF closed RF and weight change to LF, RF cross over LF
3-4& LF side long step, 1/4 turn to R with RF closed LF and weight change to RF, LF cross over RF
5-6& RF side, LF cross backward rock, RF recover
7-8& LF side, RF backward rock, LF recover

SECTION 2: FORWARD AND 3/4 TURN TO L WITH SPIRAL, 1/4 TURN TO L WITH FORWARD, FORWARD, 1/2 TURN TO L WITH SIDE, CROSS SHUFFLE AND SWEEP, CROSS, SIDE, BACKWARD AND 1/2 TURN TO R WITH SWEEP, BACKWARD ROCK, RECOVER

1-2&3 RF forward and 3/4 turn to L with LF spiral, 1/4 turn to L with LF forward, RF forward, 1/2 turn to L with LF side
4&5 RF cross over LF, LF slightly step to L, RF cross over LF and LF sweep from back to forward
6&7 LF cross over RF, RF side, LF backward and 1/2 turn to R with RF sweep from forward to back
8& RF backward rock, LF recover

SECTION 3: FORWARD, FORWARD ROCK, 1/4 TURN TO L WITH RECOVER, SIDE, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, FORWARD ROCK, RECOVER

1-2& RF forward, LF forward rock, 1/4 turn to L with RF recover
3-4& LF side and drag RF without weight, RF side rock, LF recover
5&6& RF cross over LF, LF side rock, RF recover, LF cross over RF
7&8& RF side rock, LF recover, RF forward rock, LF recover

SECTION 4: BACKWARD, COASTER STEP, FORWARD, FORWARD ROCK, 1/4 TURN TO L WITH RECOVER, SIDE SHUFFLE, SIDE ROCK, RECOVER

1-2&3 RF backward, LF backward, RF closed LF, LF forward
4-5& RF forward, LF forward rock, 1/4 turn to L with RF recover
6&7 LF side, RF closed LF, LF side and RF drag without weight
8& RF side rock, LF recover

RESTART: On the 3rd wall, you should dance after 8 counts and 1/4 turn to L, and then start again

Contact ~ E-mail: chrisjj0618@yahoo.com

<http://www.youtube.com/user/thetrianglelinedance>

If you can't see the demonstration for copyright, please contact to my face book.

<https://www.facebook.com/christina.yang.148553>