

Sing

拍数: 32 墙数: 4 级数: Novice Cha Cha
编舞者: Darcie DeAngelis (USA) - January 2016
音乐: Sing! (Glee Cast Version) - Glee Cast



Count in: 16 counts after back beat begins. No tags. No restarts

(1-8) POINT R, POINT L, 1/4 TURN L, CROSS, KICK L, WEAVE 1/4

1&2& Point R to R (1), Step R next to L (&), Point L to L (2), Step L next to R (&)
3 4 Step R forward (3), 1/4 turn L stepping on L (4) (9:00)
5 6 Cross R over L (5), Kick L to L side (6)
7&8 Cross L behind R (7), Step R to R side (&), Step L forward making 1/4 turn R (8) □(12:00)

(9-17) L KICK BALL CROSS, R SLIDE, BALL STEP, ROCK R RECOVER L, L 1/4 SIDE SHUFFLE

1&2 Kick R (1), Step R down (&), Cross L over R (2)
3 4 Big step R to R side (3), Slide R bringing L to R foot(4)
&5 Step R down next to L(&) step R to R (5)
6 7 Rock L forward (6), Recover R (7)
8&1 Step L to L (8), Step R next to L (&), Step L forward making 1/4 turn L (1) (9:00)

(18-24) L 1/4 TURN, R STEP, L ROCKING CHAIR

2 Step R forward (2)
3 4 1/4 turn L stepping on L (3) (6:00), Step R forward (4)
5 6 Rock L forward (5), Recover R (6)
7 8 Rock L back (7), Recover R (8)

(25-32) L STEP LOCK STEP, WALK R-L, 3/4 COUNTERCLOCKWISE CIRCLE RUN

1&2 Step L forward (1), Lock R behind L (&), Step L forward (2)
3 4 Step R forward (3), Step L forward (4)
5 6& Step R forward curving L to start a 3/4 circle (5), Step L forward continuing to curve L (6),
Step R forward curving L (&)
7&8 Step L forward curving L (7), step R forward curving L (&), Step L forward curving L to
□complete 3/4 turn (9:00)

And Begin Again! No Tags, No Restarts

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