

Senorita Sway (小妞搖擺) (zh)

COPPER KNOB
STEPSHETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Michele Perron (CAN)
音乐: Dance the Night Away - The Mavericks



- 第一段** **Step, Kick, Step, Touch: Twice**
踏, 踢, 踏, 點: 二次
- 1-2 Left Step To Side Left, Right Kick Diagonal Left Forward
左足左踏, 右足左對角線前踢
- 3-4 Right Step To Side Right, Left Touch Beside Right
右足右踏, 左足併點
- 5-8 Repeat Counts 1-4 重覆 1-4
- 第二段** **Side, Together, Side, Touch; Step, Touch, Step, Touch**
側, 併, 側, 點; 踏, 點, 踏, 點
- Styling Allow Hips To Sway Right, Left In This Section 右左擺臀
- 1-2 Left Step To Side Left, Right Step Beside Left
左足左踏, 右足併踏
- 3-4 Left Step To Side Left, Right Touch Beside Left
左足左踏, 右足併點
- 5-6 Right Step To Side Right, Left Touch Beside Right
右足右踏, 左足併點
- 7-8 Left Step To Side Left, Right Touch Beside Left
左足左踏, 右足併點
- 第三段** **Step, Kick, Step, Touch: Twice**
踏, 踢, 踏, 點: 二次
- 1-2 Right Step To Side Right, Left Kick Diagonal Right Forward
右足右踏, 左足右斜角線前踢
- 3-4 Left Step To Side Left, Right Touch Beside Left
左足左踏, 右足併點
- 5-8 Repeat Counts 17-20 重覆 1-4
- 第四段** **Side, Together, Side Touch; Step, Touch, Step, Touch**
側, 併, 側點; 踏, 點, 踏, 點
- Styling Allow Hips To Sway Right, Left In This Section 右左擺臀
- 1-2 Right Step To Side Right, Left Step Beside Right
右足右踏, 左足併踏
- 3-4 Right Step To Side Right, Left Touch Beside Right
右足右踏, 左足併點
- 5-6 Left Step To Side Left, Right Touch Beside Left
左足左踏, 右足併點
- 7-8 Right Step To Side Right, Left Touch Beside Right
右足右踏, 左足併點
- 第五段** **Diagonal, Across, Diagonal, Hold; Repeat**
斜角線, 交叉, 斜角線, 候; 重覆

- 1-2 Left Step Diagonal Left And Slightly Back, Right Step And Slide Across Front Of Left 左足左斜角線後踏, 右足滑向左足
- 3 Left Step Diagonal Left And Slightly Back
左足左斜角線後踏
- 4 Hold And Clap Hands To Left Shoulder Height With Head Tilt Left
候 (手舉超過肩膀在頭左側拍手)
- 5-6 Right Step Diagonal Right And Slightly Back, Left Step And Slide Across Front Of Right 右足右斜角線後踏, 左足滑向右足
- 7 Right Step Diagonal Right And Slightly Back
右足右斜角線後踏
- 8 Hold And Clap Hands To Right Shoulder Height With Head Tilt Right
候 (手舉超過肩膀在頭右側拍手)

第六段 Salsa Basic: Forward And Back

- 1-2 Left Step Forward, Right Step Back
左足前踏, 右足後踏
- 3-4 Left Step Back, Hold (Allow Hips To Sway Left)
左足後踏, 候(左擺臀)
- 5-6 Right Step Back, Left Step Forward
右足後踏, 左足前踏
- 7-8 Right Step Forward, Hold (Allow Hips To Sway Right)
右足前踏, 候(右擺臀)

第七段 Salsa Basic: Forward And Back

- & Execute 1/4 Turn Right Pivoting On Right Toe/Ball
以右足趾 (右足掌) 右轉90度
- 1-2 Left Step Forward, Right Step Back
左足前踏, 右足後踏
- 3-4 Left Step Back, Hold (Allow Hips To Sway Left)
左足後踏, 候(左擺臀)
- 5-6 Right Step Back, Left Step Forward
右足後踏, 左足前踏
- 7-8 Right Step Forward, Hold (Allow Hips To Sway Right)
右足前踏, 候(右擺臀)

第八段 Salsa Basic: Forward And Back

- & Execute 1/4 Turn Right Pivoting On Right Toe/Ball
以右足趾 (右足掌) 右轉90度
- 1-2 Left Step Forward, Right Step Back
左足前踏, 右足後踏
- 3-4 Left Step Back, Hold (Allow Hips To Sway Left)
左足後踏, 候(左擺臀)
- 5-6 Right Step Back, Left Step Forward
右足後踏, 左足前踏
- 7-8 Right Step Forward, Left Touch Beside Right
右足前踏, 左足併點
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