

Before the Storm

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lu Olsen (AUS) - February 2016
音乐: Before The Storm (feat. Miley Cyrus) - Jonas Brothers : (iTunes)



16 count intro: Start on Vocals: Direction: Anti-Clockwise

[1 – 8] 1/8th L Turn side, Behind, 1/8th Fwd, Full turn, Fwd, ¼ Side, Cross, ¼ Back, L Coaster

1, 2 & 1/8th Left turn & step R to Right(11.00), Step L behind R, 1/8th Right turn & step R fwd(12.00)

3, 4 & Full Right turn fwd stepping L, R, Step L slightly fwd, □12.00

5, 6 & ¼ Right turn & step R to Right, Cross L over R, ¼ Left turn & step R back

7 & 8 Step L back, Step R beside L, Step L fwd *□12.00

[9 -16] □□ Side/drag, Behind, Side, Fwd, Back, ¼ Tog, R Scissor, ¼ Back, ½ Fwd, Fwd □

1, 2 & Step R to Right/drag L, Step L behind R, Step R to Right

3, 4 & Step L fwd, Rock R back, ¼ Left turn & step L beside R □ - 9.00

5 & 6 Step R to Right, Slide/step L beside R, Cross R over L

7 & 8 ¼ Right turn & step L back, ½ Right turn & Step R fwd, Step L fwd ## □6.00

[17 – 24] □ Cross/hook(5.00), Replace, ¼ Fwd straighten to(9.00), Fwd/drag, Back, ½ Fwd, ¼ Side, Sweep behind, Side, Fwd, Full L turn

1, Cross R over L at (5.00) & low hook L behind R, 5.00

2 & Step L in place, ¼ Right turn (straighten to 9.00) & step R fwd, □□9.00

3, 4 & Step L fwd/drag R, Step R back, ½ Left turn & step L fwd, □□□3.00

5, 6 & ¼ Left turn & step R to Right, Sweep/step L behind R, Step R to Right □12.00

7, 8 & Step L fwd, Full Left turn fwd stepping R, L,

[25 – 32] Fwd 45/drag, Fwd 45, Tog, Fwd 45/drag, Fwd 45, Tog, Fwd, Back, ¼ R side, Cross, ¼ Back, ¼ Fwd

1, 2 & Step R fwd at Right 45/drag L towards R, Step L fwd at Left 45, Step R beside L

3, 4 & Step L fwd at Left 45/drag R towards L, Step R fwd at Right 45, Step L beside R,

5, 6 & Rock R fwd, □Rock L back, ¼ Right turn & step R to Right, □3.00

7, 8 & Cross L over R, ¼ Left turn & step R back, ¼ Left turn & step L fwd □□9.00

Short Walls 3 & 5 – dance to count 16 ## then start again.

Wall 3 (6.00) (Start Wall 4 -12.00) & Wall 5 (9.00) (Start Wall 6 - 3.00)

Wall 7 (12.00) short wall – dance first 8 counts* then start again (Wall 8 - 12.00) - (There are no more re-starts after this wall)

Dance finishes to the front – To end dance add - Step R fwd/drag L

Footnote: On Wall 10 (6.00) – There are No Re-starts on this wall - keep dancing as normal through the 32 counts.

Enjoy!

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