Dangerously

拍数: 32

级数: Low Intermediate

编舞者: Lisa McCammon (USA) - February 2016

音乐: Dangerously - Charlie Puth : (CD: Nine Track Mind)

#16 count intro - Sequence: 16; 32, 32, 16 (Restart), 32, 32, 32, 4 (Tag), 32, 17 Counterclockwise rotation; start weight on L

Choreographer's note: although this is a rolling 8 count rhythm, I chose to stick to more familiar timing to make this dance easier.

SEC 1: CROCK, RECOVER, BACK, COASTER STEP, ROCK, RECOVER, BEHIND-SIDE

- 1-2-3 Rock forward R, recover L, step back R
- 4&5 Step back L, step R home, step forward L
- 6-7 Rock forward R, recover L
- 8& Step R behind, step L to side

SEC 2: CROSS-&-CROSS, POINT OUT-IN-OUT, BEHIND-SIDE-CROSS-SIDE-TOE, UNWIND

- 1&2 Cross R, step L to side, cross R
- 3&4 Point L to side, touch L in, point L to side (these should have a pulse or push feel)
- 5&6& Step L behind, step R to side, step L across, step R to side
- 7-8 Touch L toes behind R heel, turn left ½ [6] stepping onto L **restart

SEC 3:□TURN LEFT STEPPING SIDE R, STEP BACK L, POINT R TOES BACK; RIGHT FALL-AWAY, PRESS R

- 1-2-3 Turn left ¼ [3] stepping side R, step back L toward left diagonal, point R toes back
- 4&5 Step forward R, step L to side squaring to [3], step back R opening to right diagonal
- 6&7 Step back L, step R to side squaring to [6], cross L
- 8 Press R to side (stay upright, but bend R knee, "pressing" ball of foot into floor)

SEC 4: TURN LEFT ¼, TOE STRUT HIP BUMPS R, L, STEP R TURNING RIGHT ¼, CROSS-&-HEEL-&

- 1 Turn left ¼ [3] stepping onto L
- 2&3 Touch R toes slightly forward bumping RLR, ending weight R
- 4&5 Touch L toes slightly forward bumping LRL, ending weight L
- 6 Step forward onto ball of R whilst turning right ¼ [6]
- 7&8& Cross L, step R to side, touch L heel forward, step onto L (make these steps small and smooth)

**Restart after 16 counts during 3rd repetition. You'll begin facing [12] and Restart facing [6].

Easy 4-count Tag after completing the 6th repetition (counting your Restart wall).

- You will be facing [12], weight on L.
- 1, 2& Cross rock, recover-side R
- 3, 4& Cross rock, recover-side L

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