

# Sugar

拍数: 64      墙数: 4      级数: Intermediate - Non-Country  
编舞者: Helen Hiimäe (EST) - November 2015  
音乐: 'Sugar' by Robin Schulz



Intro: 64 count

**(1-8) R shuffle, cross, side, back-touch 2x**

1&2            step R right side, step L next to R, step R right side  
3-4            step L across R, step R right side  
5-6            step L back, touch R forward  
7-8            step R back, touch L forward

**(9-16) L touch side-cross-side, cross, step back with turn 1/4 to left, L side, R touch across, R step forward**

1-2            touch L left side, touch L across R  
3-4            touch L left side, step L across R  
5-6            step R back with turning 1/4 to left, step L left side  
7-8            touch R across L, step R forward

**Restart on 3rd wall with step changing**

7-8            touch R across L, kick R forward

**(17-24) 1/2 turn left with prep, 1/2 turn left with shuffle, jazzbox**

1-2            step L forward with body turn right (prep), turn 1/2 left stepping R back  
3&4            turn 1/4 left stepping L left side, step R together, turn 1/4 left stepping L forward  
5-6            step R across L, step L back  
7-8            step R right side, touch L together

**(25-32) Left side, touch, together, hitch, 1/2 turn right with hips bump**

1-2            step L left side, touch R forward right diagonally (slightly sit on L and turn upper body right)  
3-4            step R right side, step L together  
5-6            hitch right knee, turn 1/4 right stepping R right side with hip bump  
7-8            hip bump to left, turn 1/4 right stepping R forward

**(33-40) L rock step, back-lock-back 2x, 1/4 turn left, hold**

1-2            step L forward, recover on R  
3&4            step L back, step R cross over L, step L back  
5&6            step R back, step L cross over R, step R back  
7-8            1/4 turn left stepping L left side, hold

**(41-48) Ball step bump 2x, rock step, heel, together, cross**

&1-2            ball step R next to L, touch L left side (L hip up), bump hip to right side (weight go to left foot)

**(it is better to do it than slightly going down on your knee)**

&3-4            ball step R next to L, touch L left side (L hip up), bump hip to right side (weight go to left foot)

**(it is better to do it than slightly going down on your knee)**

**Easier way:**

&1-2            ball step R next to L, step L left side, pause  
&3-4            ball step R next to L, step L left side, pause  
5-6            step R cross over L, recover on L  
7&8            touch R heel right diagonal, step R next to L, step L across R

**(49-56) 1/2 turn left, sweep with 1/8 turn right, toe-heel-toe-heel**

1-2            1/4 turn left stepping R back, 1/4 turn left stepping L left side  
3-4&            step R across L, sweep L back to front, step L right diagonally forward (turn 1/8 to right: 7.30)

5&6& touch R toe behind L, step R behind L, touch L heel forward, step L forward  
7&8 touch R toe behind L, step R behind L, touch L heel forward

**(57-64) Rock forward, back-lock-back, rock back, kick ball change with 1/8 turn right**

1-2 step L forward, recover on R  
3&4 step L back, step R across L, step L back  
5-6 step R back, recover on L  
7&8 turn 1/8 right (9.00) with kick R forward, step R together, step L together

**Start again!**

**NB! Restart on 3rd wall with step changing after count 14**

7-8 touch R across L, kick R forward

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