

Hey, By The Way

COPPER KNOB
BY THE WAY

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Lynn Card (USA) & Scott Schrank (USA) - February 2016
音乐: By the Way - Lindsay Ell : (iTunes)



Phrasing: 2 Restarts after 16 counts, 2 restarts after 32 counts
(32-40-16-32-40-16-40-32)

Intro: 16 Counts (9 Seconds In) □

[1-8] □ KICK & POINT, CROSS, STEP BACK, BACK-LOCK-BACK, TURN, TURN

1&2 Kick R foot forward (1), Step R foot next to L foot (&), Point L toes left (2)
3-4 Cross step L foot over R foot (3), Step R foot back (4)
5&6 Step L foot back (5), Cross step R foot over L foot (&), Step L foot back (6)
7-8 Make 1/2 turn right on ball of L foot stepping R foot forward (7), Make 1/4 turn right on ball of R foot stepping L foot left (8) [9:00]

[9-16] □ RIGHT SAILOR, BEHIND-TURN-STEP, KICK & POINT & POINT-CLAP-CLAP

1&2 Step R foot behind L foot (1), Step L foot left (&), Step R foot diagonally right (2)
3&4 Step L foot behind R foot (3), Make 1/4 turn right stepping R foot forward (&), Step L foot forward (4), [12:00]
5&6& Kick R foot forward (5), Replace R foot next to L foot (&), Point L toes left (6), Replace L foot next to R foot (&)
7&8 Point R toes right (7), Clap twice (&8) [12:00]

(Restart here during 3rd and 6th rotations.)

[17-24] □ SLIDE HITCH, SIDE STEP, BEHIND-TURN-STEP, KICK-BALL-STEP, PIVOT 1/2

1-2 Slide R foot up to right L knee (1), Step R foot right (2)
3&4 Step L foot behind R foot (3), Make a 1/4 turn right stepping R foot forward (&) Step L foot forward (4) [3:00]
5&6 Kick R foot low and forward (5), Replace R foot next to L foot (&), Step L foot forward (6)
7-8 Step R foot forward (7), Pivot 1/2 turn left on balls of feet (8) (Weight the L foot) [9:00]

[25-32] □ ROCK, RECOVER-BALL-ROCK-RECOVER, SHIMMY BACK, SHIMMY BACK, COASTER STEP

1-2& Press weight forward R foot (1), Recover weight back to L foot (2), Step ball of R foot slightly back (&)
3-4 Rock L foot forward (3), Replace weight to R foot (4)
5-6 Step L foot back while you shimmy your shoulders (5), Step R foot back while you shimmy your □□ shoulders (6)
7&8 Step L foot back (7), Step R foot next to L foot (&) Step L foot forward (8)

[33-40] □ REPEAT LAST EIGHT COUNTS

Repeat the last 8 counts on rotations 2, 5, 7 and 8

(Hint: This happens every time she sings the lyrics "BY THE WAY")

Start the dance again and enjoy!!!

Big Finish: The last wall starts at 6:00. Dance the whole dance up to the Shimmy Back.

You will be facing the 3:00 wall. In the last set of 8, for counts 5-7:

Step L foot back (5), Step R foot back (6), Make 1/4 turn left stepping L foot left and pose!

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