

Untamed

拍数: 48 墙数: 4 级数: Low Intermediate
编舞者: Dee Blansett (USA) - January 2016
音乐: Untamed - Cam



Class Instructor: Dee Blansett

Start on Lyrics, 16 counts after music kicks in – approx. 33 seconds from beginning of song

S1: Heel, Hook, Heel, Flick, Shuffle X2

- 1&2& Touch Right heel forward (1), Hook Right in front of left (&), Touch Right heel forward (2), Flick Right heel slightly back (&)
- 3&4 Shuffle forward: Right (3), Left (&), Right (4)
- 5&6& Touch Left heel forward (5), Hook Left in front of right (&), Touch Left heel forward (6), Flick Left heel slightly back (&)
- 7&8 Shuffle forward: Left (7), Right (&), Left (8)

S2: Side Shuffle Right, Turn ¼ Left, Side Shuffle left, Kick-Side-Step toward Right Twice

- 1&2 Step Right side right (1), Step Left next to right (&), Step Right side right (2)
- 3&4 Turn ¼ Left-Step Left side left (3), Step Right next to left (&), Step Left side left (4)

***Restart here: Rotation Wall 4. Dance 12 Counts and restart facing 6:00**

- 5&6 Kick Right forward (5), Travel toward right-Step Right out to the right side (& Step Left next to Right (6)
- 7&8 Kick Right forward (7), Travel toward right-Step Right out to the right side (& Step Left next to Right (8)

S3: Step Side, Behind, Step Side-Heel-Behind Cross X2

- 1-2 Step Right side right (1), Step Left behind right (2)
- &3 Step Right side right (&), Touch Left heel diagonally forward left (3)
- &4 Step Left beside right (&), Cross/Step Right over left (4)
- 5-6 Step Left side left (5), Step Right behind left (6)
- &7 Step Left side left (&), Touch Right heel diagonally forward right (7)
- &8 Step Right beside left (&), Cross/Step Left over right (8)

S4: Side Behind, ¼ Shuffle Right, Left Rocking Chair

- 1-2 Step Right side right (1), Cross/Step Left behind right (2)
- 3&4 Step Right 1/8 turn right (3), Step Left beside right (&), Step Right 1/8 turn right (4)
- 5-8 Rock forward on Left (5), Recover on Right (6), Rock back on Left (7), Recover on Right (8)

Optional fun steps for counts 5-8 above: Step forward on Left, ½ pivot over Right x2

Optional fun steps for counts 1-4 below: Traveling Heel Splits toward left

S5: Vine Left, ¼ Monterey Right

- 1-4 Step Left side left (1), Cross/Step Right behind left (2), Step Left side left (3), Touch Right Beside left (4)
- 5-8 Touch Right toe side right (5), Turn ¼ right- Step Right together (6) Touch Left toe side left (7), Step Left together (8)

S6: Right Rocking Chair, Jazzbox

- 1-4 Rock forward on Right (1), Recover on Left (2), Rock back on Right (3), Recover on Left (4)
- 5-8 Cross/step Right over left (5), Step back on Left (6), Step Right side right (7), Step forward on Left (8)

Repeat!

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