

# What's Cooking?

**COPPER** **KNOB**  
BY STEPHEN

拍数: 48      墙数: 4      级数: Phrased High Intermediate  
编舞者: Debbie Rushton (UK) - January 2016  
音乐: Like a Mack (feat. Curly Fryz) - Prince



Count In: 5 seconds – on beat and lyrics 'Roll up into town...'

## PART A – 32 counts

### A1: WALK WALK ¼ CROSS ¼ TURN, STEP ½ TURN ¼ DRAG, BEHIND ¼ TURN STEP FORWARD

1 2            Walk forward R, Walk forward L  
&3 4            Make ¼ turn L stepping R to R side, Cross L over R, Make ¼ turn R stepping R forward (12 o'clock)  
5&6            Step L forward, Pivot ¾ turn R taking weight onto R, Step L to L side (9 o'clock)  
7&8            Cross R behind L, Make ¼ turn L stepping L forward, Step R forward (6 o'clock)

### A2: BOOGIE WALKS x3, MAMBO STEP & ¼ TOUCH, SIDE SHUFFLE

1&2            Bending knees slightly, run forward L, R, L  
3&4            Rock forward onto R, Recover weight back onto L, Step back on R  
&5 6            Step back on L, Make ¼ turn R stepping R big step to R side, Touch L beside R (9 o'clock)  
7&8            Step L to L side, Step R beside L, Step L to L side

### A3: CROSS ROCK SIDE ROCK, CROSS ¾ UNWIND, HIP ROLL x2 &

1&2&            Cross rock R over L, Recover weight onto L, Rock R out to R side, Recover weight onto L  
3 4            Cross R over L, Unwind ¾ turn over L shoulder ending with weight on L (12 o'clock)  
5 6            Step R out to R side and roll hips counter-clockwise from L to R (taking weight onto R)  
7 &8            Roll hips clockwise From R to L (taking weight onto L), Step onto R foot

### A4: CROSS SIDE BEHIND SIDE CROSS SIDE ROCK, CROSS SIDE ROCK, CROSS ¼ TURN ½ TURN

1&2&            Cross L over R, Step R to R side, Cross L behind R, Step R to R side  
3&4            Cross L over R, Rock R out to R side, Recover weight onto L  
5&6            Cross R over L, Rock L out to L side, Recover weight onto R  
7&8            Cross L over R, Make ¼ turn L stepping back on R, Make ½ turn L stepping L forward (3 o'clock)

## PART B – 16 counts

### B1: SIDE TOGETHER SIDE TOUCH x2

1234            Step R to R side, Step L beside R, Step R to R side, Touch L beside R  
5678            Step L to L side, Step R beside L, Step L to L side, Touch R beside L

\* Make these steps funky please!

### B2: HEEL, HEEL, BACK, BACK, BUMP & BUMP ½ TURN, ROCK, RECOVER, COASTER STEP

&1&2            Step R forward to R diagonal using R heel, Step L forward to L diagonal using L heel, Step R back in place, Step L beside R  
3&4            Step R fwd bumping R hip forward, Take weight back onto L & bump L hip back, Take weight forward onto R bumping R hip forward whilst making ½ turn L (weight ends back on R)  
5 6            Rock forward on L, Recover weight back onto R  
7&8            Step back on L, Step R beside L, Step L forward

### TAG: CROSS BACK SIDE CROSS, SIDE DRAG STEP

1&2&            Cross R over L, Step L back, Step R to R side, Cross L over R  
3 4            Step R big step to R side whilst dragging L up to R, Step L beside R

## SEQUENCE:-

Clock directions are where each wall STARTS

A □12 o clock  
A □3 o clock – Dance up to Count 16 (L side shuffle) and go straight into the tag  
TAG □12 o clock  
B □12 o clock  
A□6 o clock  
A □9 o clock  
A□12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag  
TAG□9 o clock  
B□9 o clock  
B□3 o clock  
A□9 o clock  
A□12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag  
TAG□9 o clock□□  
A□9 o clock□  
A□12 o clock - Dance up to Count 16 (L side shuffle) and go straight into the tag  
TAG□9 o clock□□  
A □9 o clock  
TAG□12 o clock  
A□12 o clock  
A□3 o clock - Dance up to Count 16 (L side shuffle) and go straight into PART B  
B□12 o clock  
B □12 o clock  
TAG □12 o clock to FINISH!

#### NOTES!!

On \*almost\* every 'A' which goes into a Tag, he sings 'WHAT'S COOKING?' when you are dancing counts '&13'. This is your cue that a tag is going to happen after count 16!

The only time this doesn't happen is on the 5th Tag which comes at the END of A so you just have to remember that one.

I PROMISE IT'S NOT AS SCARY AS IT LOOKS. YOU CAN HEAR IT IN THE SONG.

WHAT'S COOKING??..... A TAG!

Contact: [debmcwotzit@gmail.com](mailto:debmcwotzit@gmail.com)

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