

Temporary Tattoo

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Intermediate / Advanced
编舞者: Kevin Formosa (AUS) - October 2015
音乐: Disposable - Tori Darke : (iTunes)



Intro: 24 Counts – Weight on L (Start on lyrics)

Note: This is a “MIRRORED” dance

Sequence: 32, 40, 24, 40, 20, 40, 8 (note: all short walls are done on the L i.e. mirrored walls)

[1-8]□□Night Club, Side, Behind, ¼, Rock replace, ¼ R, Cross, ¼ L, ½ L, ½ L

1,2& Step R to R side, L together, R slightly Across L
3,4& Step L to L Side, R Behind L, ¼ L stepping L fwd
5,6& Step R fwd, Replace weight on L, ¼ R Stepping R to R Side
7&8& Cross L over R, ¼ L stepping R back, ½ L Stepping L back, ½ L Stepping R back

[9-16]□□L Back, Cross R over L, ¾ Unwind, Side, Together, Rock, Scissor, L Back 1/8 R, Back, Together □

1,2,3 Step L back, Cross R over L, Unwind ¾ L (weight on R)
4&5 Step L to L Side, R together, Rock L to L Side
6&7 Replace R, L Together, R across L,
&8& 1/8 R Stepping L Back, R Back, L Together

[17-24]□□Sweep R Fwd, Sweep L fwd, R Mambo ½, Sweep L fwd, Sweep R fwd, ½ Pivot x2

1,2 Sweep R fwd, Sweep L fwd,
3&4 Rock R fwd, Replace L, ½ R Stepping R fwd
5,6, Sweep L fwd, Sweep R fwd,
7&8& Step L fwd, Pivot ½ R, Step L fwd, Pivot ½ R

[25-32]□□Rock, Replace, 1/8 L to L Side, Weave L, Sway R,L, 2 Full Turns rolling R

1,2& Step L fwd, Replace R, 1/8 L Stepping L to L Side
3&4& Cross R over L, Step L to L Side, Cross R behind L, Step L to L Side
5,6 Step R to R side (with sway – upper body), Sway L (upper body)
7&8& 2 Full Turns Rolling R stepping RLRL (finishing L beside R)

[33-40]□□Sway R, Scissor, Weave, Sway L,R, 2 Full Turns rolling L

1,2&3 Sway R Stepping R to R Side, Step L to L Side, Step R Together, Step L Across R
&4& Step R to R Side, Step R Behind L, Step R to R Side
5,6 Step L to L Side (with upper body sway), Sway R
7&8& 2 Full Turns Rolling L stepping LRLR (finishing R beside L)

Restarts:

Wall 1: □Dance up to 32 counts and restart (leave off last 8 counts)

Wall 3:□Dance up to 24 counts (2 half pivots) Turn 3/8th L Stepping R to R Side to start again

Wall 5:□Dance up to 20 counts (mambo ½) then Hitch the R and do a further 3/8th turn over the left for & count and Restart

Ending: □Dance up to 8 counts turn a further ¼ R stepping R to R side to finish

Mirrored Walls: Walls 3, 5 and 8 are all danced on the opposite foot/side

[1-8]□□Night Club, Side, Behind, ¼, Rock replace, ¼ L, Cross, ¼ R, ½ R, ½ R

1,2& Step L to L side, R together, L slightly Across R
3,4& Step R to R Side, L Behind R, ¼ R stepping R fwd
5,6& Step L fwd, Replace weight on R, ¼ L Stepping L to L Side

7& Cross R over L, $\frac{1}{4}$ R stepping L back
8& $\frac{1}{2}$ R Stepping R back, $\frac{1}{2}$ R Stepping L back

[9-16] □ □ R Back, Cross L over R, $\frac{3}{4}$ Unwind, Side, Together, Rock, Scissor, R Back $\frac{1}{8}$ L, Back, Together
□

1,2,3 Step R back, Cross L over R, Unwind $\frac{3}{4}$ R (weight on L)
4&5 Step R to R Side, L together, Rock R to R Side
6&7 Replace L, R Together, L Across R
&8& $\frac{1}{8}$ L Stepping R Back, L Back, R Together

[17-24] □ □ Sweep L Fwd, Sweep R fwd, L Mambo $\frac{1}{2}$, Sweep R fwd, Sweep L fwd, $\frac{1}{2}$ Pivot x2

1,2 Sweep L fwd, Sweep R fwd,
3&4 Rock L fwd, Replace R, $\frac{1}{2}$ L Stepping L fwd
5,6,7 Sweep R fwd, Sweep L fwd, Step R fwd
&8& Pivot $\frac{1}{2}$ L, Step R fwd, Pivot $\frac{1}{2}$ L

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