

2nd Hand Heart

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kevin Formosa (AUS) & Jennifer Hughes (AUS) - January 2016
音乐: Second Hand Heart (feat. Kelly Clarkson) - Ben Haenow : (Album: Ben Haenow, Deluxe - iTunes)



ORIGINAL POSITION: Weight on L
DANCE STARTS: 8 Count Intro (On vocals)

[1-8] STEP SIDE, STEP BEHIND & STEP SIDE, CROSS, STEP SIDE, REPLACE, CROSS SHUFFLE, ¼ R STEP BACK

1, 2 & 3, 4 Step R to R, Step L behind R & Step R to R, Cross/Step L over R, Step R to R side
5, 6 & 7, 8 Replace/Step L to L, Cross Shuffle R over L stepping R,L,R, Turn ¼ R Stepping back on L (3.00)

[9-16] ROCK R BACK, REPLACE, FULL TURN FORWARD, ¼ L, HOLD, KICK BALL CROSS

1, 2, 3, 4 Rock R Back, Replace wt fwd on L, Turn 1/2 L Step back on R, Turn 1/2 L Step fwd on L
5, 6, 7 & 8 Turn ¼ L Step R to R, Hold, Kick L fwd at 45 deg L & step L beside R, Cross/Step R over L (12.00)

[17-24] STEP SIDE, STEP BEHIND, SHUFFLE ¼ L, ¼ PIVOT L, CROSS ¼, ½

1, 2, 3 & 4 Step L to L, Step R behind L, Turn ¼ L stepping L fwd & Step R together, Step L fwd
5, 6, 7 & 8 Step R fwd, Pivot turn ¼ L, Cross/Step R over L & Turn ¼ R Stepping L back, Turn ½ R stepping R fwd (3.00)

[25-32] □PIVOT ¼ R, CROSS, HOLD, & BEHIND, SIDE, VAUDEVILLE

1, 2, 3, 4, Step L fwd, Pivot turn ¼ R, Cross/Step L over R, Hold
& 5, 6 & Step R to R Side, Step L behind R, Step R to R side
7 & 8 Cross/Step L over R & Step R to R, Touch L heel to L diagonal (6.00)

[33-40] □STEP SIDE, STEP ACROSS, STEP SIDE, R SAILOR STEP, STEP ACROSS, HOLD, BALL CROSS, STEP SIDE

& 1, 2, 3 & 4 & Step L to L, Step R across L, Step L to L, Step R behind L & Step L to L, Step R to R (R Sailor)
5, 6 & 7, 8 Cross/Step L over R, Hold & Step R to R, Step L over R, Step R to R □ (6.00)

[41-48] □□TOUCH BACK, ½ DROP, ½ SHUFFLE, ROCK BACK, REPLACE, STEP FWD, HOLD

1, 2, 3 & 4 Touch L toe back, Turn ½ L Drop wt fwd on L, Shuffle fwd turning ½ L stepping R, L, R
5, 6, 7, 8 Rock/Step back on L, Replace/Step fwd on R, Step fwd on L, Hold (6.00)

[49-56] □WALK, WALK, CROSS SAMBA, CROSS, ¼ L, ¼ SHUFFLE L

1, 2, 3 & 4 Step R fwd, Step L fwd, Step R across L, Step L to L side, Replace R to R
5, 6, 7 & 8 Cross/Step L across R, Turn ¼ L stepping R back, Turn ¼ L stepping L to L side, Step R together, Step L to L side □ (12.00)

[57-64] CROSS ROCK, REPLACE, STEP TOG., CROSS ROCK, REPLACE, STEP TOG., PIVOT ½ L, FULL TURN FORWARD

1, 2 & 3, 4 & Cross/Step R over L, Rock/Step back on L & Step R beside L, Cross/Step L over R, Rock/Step back on R & Step L beside R
5, 6, 7, 8 Step fwd on R, Pivot turn ½ L, Turn 1/2 L Step back on R, Turn 1/2 L Step fwd on L (6.00)

END OF SEQUENCE

TAG: □At the end of Wall 1 only, add the following 16 counts.

[1 – 8] □STEP FWD, DRAG, STEP FWD, DRAG, PIVOT ½ L, STEP FWD, HOLD

1, 2, 3, 4 Step fwd on R, Drag L up to R, Step fwd on L, Drag R up to L
5, 6, 7, 8 Step fwd on R, Pivot turn ½ L, Step fwd on R, Hold

[9 – 16] □ STEP FWD, DRAG, STEP FWD, DRAG, PIVOT ½ R, STEP FWD, HOLD

1, 2, 3, 4 Step fwd on L, Drag R up to L, Step fwd on R, Drag L up to R
5, 6, 7, 8 Step fwd on L, Pivot turn ½ R, Step fwd on L, Hold (Start Wall 2 facing back)

FINISH: ON WALL 7 DANCE TO COUNT 57 (Cross/Step R over L facing front)

Choreographer Details: -

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