

Every Breath You Take

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
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音乐: Every Breath You Take - UB40



Intro : 32 counts

Restart : On Wall 7 After 8 Counts

ROCKING CHAIR – FORWARD SHUFFLE – ½ R PIVOT – FORWARD SHUFFLE

1&2& Step Rf Forward – Recover On Lf – Step Rf Back – Recover On Lf
3&4 Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward
5 6 Step Lf Forward – Turn ½ R Weight On Rf
7&8 Step Lf Forward – Step Lock Rf Behind Lf – Step Lf Forward

SIDE-CROSS-SIDE ROCK – BACK – ¼ R TURN – BACK HIP BUMP

1&2& Step Rf To Side – Recover On Lf – Step Rf Across Lf – Recover On Lf
3&4 Step Rf To Side – Recover On Lf – Step Rf Back
5 6 Step Lf Back – Turn ¼ R Step Rf Back
7&8 Step Lf Back Bump Hip To Backward – Forward – Back (Weight On Lf)

BACK ROCK – FORWARD SHUFFLE – GRIND HEEL ¼ L TURN – CROSS SHUFFLE

1 2 Step Rf Back – Recover On Lf
3&4 Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward
5&6 Grind Lf Heel Forward – Turn ¼ L Step Rf Back – Step Close Lf Beside Rf
7&8 Step Rf Across Lf – Step Lf Slightly To L – Step Rf Across Lf

MAMBO CROSS L & R – JAZZ ¼ L TURN – TOUCH

1&2 Step Lf To Side – Recover On Rf – Step Lf Across Rf
3&4 Step Rf To Side – Recover On Lf – Step Rf Across Lf
5 6 Step Lf Forward – Step Rf Back
7 8 Turn ¼ L Step Lf To Side – Touch Rf Beside Lf

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