

# And Let's Get It On

COPPER KNOB  
BY STEPHEN

拍数: 48      墙数: 4      级数: Beginner  
编舞者: Marie Griggs (UK) - January 2016  
音乐: Marvin Gaye (feat. Meghan Trainor) - Charlie Puth



## S1: SKATE RIGHT, SKATE LEFT, RIGHT SHUFFLE, SKATE LEFT, SKATE RIGHT, LEFT SHUFFLE

1-2      Slide R Foot Out, Slide L Foot Out  
3&4      Step R to R Side, Step L Beside R, Step R to R Side  
5-6      Slide L Foot Out, Slide R Foot Out  
7&8      Step L to L Side, Step R Beside L, Step L to L Side

## S2: RIGHT STEP LOCK FWD, RIGHT STEP LOCK, RIGHT STEP, LEFT STEP LOCK FWD, LEFT STEP LOCK, LEFT STEP

1-2      Right Step Fwd Slight Right, Left Step Behind Right  
3&4      Right Step Fwd Slight Right, Left Step Behind Right, Right Step Fwd  
5-6      Left Step Fwd Slight Left, Right Step Behind Left  
7&8      Left Step Fwd Slight Left, Right Step Behind Left, Left Step Fwd

## S3: FORWARD & BACK BASIC CHA CHA

1-2      Rock R Forward, Recover Onto L  
3&4      Back Cha Cha On RLR  
5-6      Rock L Back, Recover Onto R  
7&8      Forward Cha Cha On LRL

## S4: FORWARD, PIVOT ½ TURN LEFT, TRIPLE ½ TURN LEFT, BACK ROCK, FORWARD CHA CHA

1-2      Step R Forward, Pivot ½ Turn L  
3&4      Triple ½ Turn L On RLR  
5-6      Rock L Back, Step Forward Onto R  
7&8      Forward Cha Cha On LRL

## S5: SIDE ROCK RECOVER, BEHIND SIDE CROSS, 2 TIMES

1-2      Rock R to R Side, Recover Onto L  
3&4      Step R Behind L, Step L To L Side, Cross Step R Over L  
5-6      Rock L to L Side, Recover Onto R  
7&8      Step L Behind R, Step R To R Side, Cross Step L Over R

## S6: RIGHT VINE, TOUCH, ¾ TURN LEFT ROLLING VINE, TOUCH

1-4      Step R to R Side, Step L Behind R, Step R to R Side, Touch L Next to R  
5-8      ¼ Turn L Stepping L Fwd, ¼ Turn L Step R to R Side, ¼ Turn L Stepping L to L Side, Touch R Next to L

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