

Payback

拍数: 32 墙数: 4 级数: Improver
编舞者: Donna M. Ruane - August 2014
音乐: Payback - Rascal Flatts : (Album: Rewind)



Start dance on lyrics (16 counts in). CCW rotation

NOTE: Restart wall 3, 16 count tag (12:00).

(1-8) RIGHT AND LEFT HIP BUMPS, RIGHT AND LEFT SAILORS.

- 1&2& Touch right toe forward on right diagonal and bump hip forward, bump back, bump forward, lower right heel.
3&4& Touch left toe forward on left diagonal and bump hip forward, bump back, bump forward, lower left heel.
5&6 Step right behind left, step left to left side, step right to right side.
7&8 Step left behind right, step right to right side, step left to left side.

(9-16) RIGHT ROCKING CHAIR, STEP FORWARD TURN $\frac{1}{4}$, CROSS, SIDE, BEHIND, SWEEPING $\frac{1}{4}$ TURN COASTER, STOMP RIGHT AND CLAP.

- 1&2& Rock forward right, recover left, rock back right, recover left.
3-4 Step forward right turn left $\frac{1}{4}$, shifting weight left (9:00).
5&6& Cross right over left, step left to left side, cross right behind left, sweep left and turn left $\frac{1}{4}$ (6:00).
7&8& Step back left, step right next to left, step forward left, stomp right next to left and clap.

(17-24) TOES-HEELS SWIVEL, CHEST POPS RIGHT AND LEFT, RIGHT FORWARD ROCK, SIDE ROCK, BACK ROCK, STEP FORWARD, TURN $\frac{1}{4}$, LEFT FOOT SLIDE.

- 1& Swivels toes right, swivel heels center.
2&3& Hold 2 counts (pop chest out on right diagonal, contract, pop chest out on left diagonal, contract).
4&5&6& Rock forward right, recover left. Rock right to right side, recover left, rock back right, recover left.
7-8 Step forward right, turn left $\frac{1}{4}$ and slide/touch left next to right (3:00).

(25-32) LEFT HEEL HOOK, STEP, SLIDE/TOUCH RIGHT, RIGHT DIAGONAL SHUFFLE, 2 HALF TURNS, JAZZ BOX.

- 1&2& Touch left heel forward on left diagonal, hook left in front of right, step left on left diagonal, slide/touch right next to left.
3&4 Step right on right diagonal, slide left next to right, step right.
5&6& Step forward left foot, turn right $\frac{1}{2}$ (weight to right), step forward left, turn right $\frac{1}{2}$ (shift weight to right) (3:00).
7&8& Cross left over right, step back right, step left to left side, touch right next to left.

Repeat.

ENDING: Wall 8, dance through counts 3&4& (right and left hip bumps).

Please do not alter this step sheet in any way. If you would like to use it on your website or make copies, it must be used in its original format. Contact the choreographer with any questions, druane1@comcast.net.