

# Freedom 2016

COPPER KNOB  
BY STEPHEN HETS

拍数: 80      墙数: 2      级数: Intermediate  
编舞者: Val O'Connor (UK) - January 2016  
音乐: Freedom - Pitbull : (2:57)



## Intro: 32 Counts

### S1: R FORWARD ROCK, LEFT LOCK STEP, R FORWARD ROCK, ½ R SHUFFLE

- 1-2-&3&4      Rock forward on R recover back on L, (&) step R next to L, step forward L, (&) lock R behind L, Step forward on L  
5-6-7&8      Rock forward on R recover on L, ½ R step forward on R, (&) step L next to R, step forward on R (6)

### S2: L & R FORWARD ROCKS, STEP L ¼ R, L CROSS SHUFFLE

- 1-2&3-4      Rock forward on L, recover back on R, (&) step L next to R, rock forward on R, recover back on L  
&5-6-7&8      (&) Step R next to L, step forward L, ¼ R stepping R to R side, cross L over R, (&) step R to R side, Cross L over R (9)

### S3: R&L SIDE MAMBOS, R FORWARD MAMBO, & STEP BACK AND OUT LR CLAP

- 1&2-3&4      Rock R to R side, (&) weight on L, step R next to L, rock L to L side, (&) weight on R, step L next to R  
5&6&7-8      Rock forward on R, (&) weight back on L, step R next to L, (&) step back on L, step R to R side, clap

### S4: TWIST HEELS RL, RL ¼ L HITCH, L SHUFFLE FORWARD, STEP R FORWARD, TAP L

- 1-2-3&4      Twist both heels R, twist both heels L, twist both heels R (&)L, turn ¼ L twisting heels and hitch L (6)  
5&6-7-8      Step forward on L, (&) step R next, step forward L, step forward R, tap L behind R

### S5: & R HEEL AND STEP L, STEP FORWARD R ¼ L, & L SIDE ROCK & R SIDE ROCK

- &1&2-3-4      (&) Step down on L, dig R heel forward, (&) step down on R, step forward L, R, ¼ L step L to L side (3)  
&5-6&7-8      (&) Step R next to L, rock L to L side, weight on R, (&) step L next to R, rock R to R side, weight on L

### S6: CROSS R SIDE L, R BEHIND & R HEEL, & CROSS L & L HEEL, & STEP R ½ L

- 1-2-3&4      Cross R over L, step L to L side, cross R behind L, (&) step slightly back on L, dig R heel to R diagonal  
&5&6      (&) Step down on R, cross L over R, (&) step slightly back on R, dig L heel to L diagonal  
&7-8      (&) Step down on L, step forward on R, ½ turn L stepping forward on L (9)

### S7: CROSS R SIDE L, R BEHIND & R HEEL, & CROSS L & L HEEL, & STEP R ¼ L

Repeat steps 1-2-3&4&5&6 as above in previous section

- &7-8      (&) Step down on L, step forward on R, turn ¼ L stepping L to L side (6)

### S8: R & L CROSSING SAMBAS, STEP R FORWARD ½ L, R KICK BALL STEP

- 1&2-3&4      Cross R over L, (&) rock L to L side, recover on R, cross L over R, (&) rock R to R side, recover on L  
5-6-7&8      Step forward on R, turn ½ L stepping onto L, Kick R forward (&) step down on R, step forward L (12)

### S9: ¼ L DIG R & L, SIDE R DRAG L, ¼ L DIG R&L, SIDE R DRAG L

1&2&3-4& Dig R heel forward, (&) step down on R, ¼ L dig L heel forward, (&) step down on L, step R to R side, Drag L to R and touch (&) step down on L (9)

5&6&7-8& Repeat the above steps (6)

**S10: CROSS R SIDE L, & CROSS L SIDE R, & R JAZZ BOX**

1-2&3-4 Cross R over L, step L to L side, (&) step R to R side, cross L over R, step R to R side

&5-6-7-8 (&) step L to L side, cross R over L, step back on L, step R to R side, step forward on L

**END OF DANCE**

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