

Boom Boom Mama

COPPERKNOB
BY STEPHENETS

拍数: 192 墙数: 1 级数: Phrased High Beginner
编舞者: Mayee Lee (MY) - January 2016
音乐: Boom Boom Mama - Da Family



Intro□□: Start after 16 counts or start at 0.08

Sequence of dance : A B C (B32) A (B32) C (B33to64) A (B32)

Part A (64 counts)

Sec A1□□: Touch R & Bump R x4, Sway R L R, Touch L

1 – 8 Touch R Diagonally R with hip bump x4(1-4), step R to R & sway R L R(5-7), touch L beside R(8)□□12.00

Sec A2□□: Touch L & Bump L x4, Sway L R L, Touch R

1 – 8 Touch L Diagonally L with hip bump x4(1-4), step L to L & sway L R L(5-7), touch R beside L(8)□□12.00

Sec A3□□: R Forward, ¼ L Hitch L, ¼ L L Forward, Hitch R, R Side With Chest Bump x3, Hold

1 – 4 Step R forward(1), ¼ turn L hitch L(2)(9.00), ¼ turn L step L forward(3)(6.00), hitch R(4)
5 – 8 Step R to R(5), chest bump on spot(6-7), hold(8)□□□□□□ 6.00

Sec A4□□: R Forward, ¼ L Hitch L, ¼ L L Forward, Hitch R, R Out, L Out, Chest Bump, Jump Feet Together

1 – 4 Step R forward(1), ¼ turn L hitch L(2)(3.00), ¼ turn L step L forward(3)(12.00), hitch R(4)
5 – 8 Step R out(5), step L out(6), chest bump on spot(7), jump both feet together(8)□□□□12.00

Sec A5 - A6□: Repeat Sec 1 to Sec 2 (Part A)

Sec A7□□: R Forward, ¼ L Hitch L, ¼ L L Forward, Hitch R, R Forward, ¼ L Hitch L, ¼ L L Forward, Hitch R

1 – 4 Step R forward(1), ¼ turn L hitch L(2)(9.00), ¼ turn L step L forward(3)(6.00), hitch R(4)
5 – 8 Step R forward(5), ¼ turn L hitch L(6)(3.00), ¼ turn L step L forward(7)(12.00), hitch R(8)□□□□12.00

Sec A8□□: R Side Mambo, Chest Bump Twice, L Side Mambo, Chest Bump Twice

12 3&4 Step R to R(1), recover on L(2), step R beside L(3), hold(&4)(chest bump 3&4)
56 7&8 Step L to L(5), recover on R(6), step L beside R(7), hold(&8)(chest bump 7&8)□□□□12.00

Part B (64 counts)

Sec B1□□: R Bota Fogo, L Bota Fogo, ¼ Turn R, ¼ Turn R With Touch L x3

1&2 3&4 Cross R(1), step L to L(&), recover on R(2), cross L(3), step R to R(&), recover on L(4)
5 – 8 ¼ turn R step R forward(5)(3.00), ¼ turn R touch L x3 & weight on R(6-8)□□□□ 6.00

Sec B2□□: L Bota Fogo, R Bota Fogo, ¼ Turn L, ¼ Turn L With Touch R x3

1&2 3&4 Cross L(1), step R to R(&), recover on L(2), cross R(3), step L to L(&), recover on R(4)
5 – 8 ¼ turn L step L forward(5)(9.00), ¼ turn L touch R x3 & weight on L(6-7)□□□□12.00

Sec B3□□: R Side, Touch L, L Side, Touch R, R Side, Drag, L Side, Drag

1 – 4 Step R to R(1), touch L beside R(2), step L to L(3), touch R beside L(4)
5 – 8 Big step to R(5), drag L to R(6), big step to L(7), drag R to L(8)□□□□□□12.00

Sec B4□□: Repeat Sec 3 (Part B)

Sec B5□□: R Diagonally, Touch L, L Diagonally, Touch R, R Diagonally Back, Hold, L Diagonally Back, Hold

1 – 4 Step R to diagonally R(1), touch L beside R(2), step L to diagonally L(3), touch R beside L(4)

5 – 8 Step R diagonally back with chest bump(5), hold(6), step L diagonally back with chest bump(7), hold(8)

Sec B6□□: Big Step To R, Touch L, Shoulder Up Down RLR, Big Step To L, Touch R, Shoulder Up Down LRL

12 3&4 Big step R to R(1), drag & touch L beside R(2), hold & shoulder up down RLR(3&4)

56 7&8 Big step L to L(5), drag & touch R beside L(6), hold & shoulder up down LRL(7&8)□□□12.00

Sec B7□□: Cross R, Touch L, Cross L, Touch R, Cross R, Touch L, Cross L, Touch R

1 – 8 Cross R(1), touch L to L(2), cross L(3), touch R to R(4), repeat again(5-8)□□□□□12.00

Sec B8□□: R Out, L Out, Bounce Twice, Chest Bump Twice, Step On R, Step On L

1 – 4 Step R out(1), step L out(2), bounce on spot twice(3-4)

5 – 8 Bounce on spot with both feet twice(5-6), step on R(7), step on L(8)□□□□□12.00

Part C (64 counts)

Sec C1□□: Paddle Full Turn To L

1 – 4 Step R forward(1), ¼ turn L recover on L(2)(3.00), step R forward(3), ¼ turn L recover on L(4)(6.00)

5 – 8 Step R forward(5), ¼ turn L recover on L(6)(9.00), step R forward(7), ¼ turn L recover on L(8)(12.00)

Sec C2□□: Swing Hip Anti-Clockwise x2, Body Roll x2

1 – 8 Swing your hip 2 big circles with anti-clockwise(1-4), body roll twice(5-8)□□□□□12.00

Sec C3□□: R Side, L Together, R Side, L Together, L Side, R Together, L Side, R Together

1 – 4 Step R(1), step L beside R(2), step R to R(3), touch L beside R(4)

5 – 8 Step L to L(5), step R beside L(6), step L to L(7), touch R beside L(8)□□□□□12.00

Sec C4□□: Walk Forward R L R, L Side, Hip Roll Hip Clockwise x2, Sit L

1 – 4 Walk forward R L R (1-3), step L to L(4)

5 – 8 Hip roll clockwise twice & sit L(5-8) □□□□□□□□12.00

Sec C5 – C7□□: Repeat Sec 1 – 3 (Part C)

Sec C8□□: Walk Back R L R, L Side, Hip Roll Hip Clockwise x2, Sit L

1 – 4 Walk back R L R (1-3), step L to L(4)

5 – 8 Hip roll clockwise twice & sit L(5-8)□□□□□□□□12.00

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