

# Be Careful

**COPPER** KNOB  
BY STEPHENETS

拍数: 48                      墙数: 3                      级数: Intermediate  
编舞者: Stella Kim (KOR) - January 2016  
音乐: Be Careful - Jason Derulo



**Intro: 16 counts - Sequence: Intro-48-32-Tag-48-48-40-32-48**

## **SECTION 1: SIDE ROCK, RECOVER, 1/4 TURN R WITH FORWARD, 1/2 PIVOT TURN R, 1/2 TURN R WITH BACK WITH SWEEP, BACK WITH SWEEP, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER**

1-2                      RF side rock. LF recover  
3-4&                    1/4 turn R with RF forward, LF forward, pivot 1/2 turn R  
5-6                      1/2 turn R with LF back with RF sweep form front to back, RF back with LF sweep form front to back  
7&8&                    LF rock back, RF recover, LF rock forward, RF recover(3:00)

## **SECTION 2: 1/4 TURN L WITH SIDE, ROCK BACK, RECOVER, SIDE, SIDE TOUCH, 1/4 TURN L WITH IN PLACE, SIDE TOUCH, ROCK FORWARD, RECOVER, BACK, COASTER STEP**

1-2&                    1/4 turn L with LF side, RF rock back, LF recover  
3&4&                    RF side, LF side touch, 1/4 turn L with LF in place, RF side touch  
5&6                      RF rock forward, LF recover, RF back  
7&8                      LF back, RF beside LF, LF forward(9:00)

## **SECTION 3: PRESS, BACK, PRESS, ROCK BACK, RECOVER, FORWARD TOUCH, SIDE FLICK, FORWARD, ROCK FORWARD, RECOVER, 1/2 TURN R WITH FORWARD, FULL TURN R**

1&2                      RF press forward, RF back, LF press forward  
3&4&                    LF rock back, RF recover, LF forward touch, 1/4 turn R with LF side flick  
5-6&                    LF forward, RF rock forward, LF recover,  
7-8&                    1/2 turn R with RF forward, 1/2 turn R with LF back, 1/2 turn R with RF forward(6:00)

## **SECTION 4: (FORWARD, ROCK BACK, RECOVER) X2, ROCK FORWARD, RECOVER, BACK, BACK, HOOK, FORWARD, SIDE TOUCH**

1-2&                    LF forward, RF rock back, LF recover  
3-4&                    RF forward, LF rock back, RF recover  
5&7                      LF rock forward, RF recover, LF back with RF drag,  
7&8&                    RF back, LF hook, LF forward, RF side touch(6:00) \* Restart here

## **SECTION 5: 1/4 TURN R WITH FORWARD, 1/2 TURN R, JAZZ BOX, CROSS, 1/4 TURN L WITH FORWARD, 1/2 TURN L, JAZZ BOX, CROSS**

1-2                      1/4 turn R with RF forward, 1/2 turn R with LF beside touch RF  
3&4&                    LF cross over RF, RF diagonal back, LF side, RF cross over LF  
5-6                      1/4 turn L with LF forward, 1/2 turn L with RF beside touch LF  
7&8&                    RF cross over LF, LF diagonal back, RF side, LF cross over RF(6:00) \* Restart here

## **SECTION 6: (DIAGONAL ROCK BACK, RECOVER, FORWARD) X2, ROCK FORWARD, RECOVER WITH 1/4 TURN R WITH SWEEP, SAILOR-STEP, CROSS**

1&2                      RF diagonal rock back, LF recover, RF forward  
3&4                      LF diagonal rock back, RF recover, LF forward  
5-6                      RF rock forward, LF recover with 1/4 turn R with RF sweep,  
7&8&                    RF cross behind LF, LF side, RF side, LF cross over(9:00)

## **TAG(4 counts)**

**On the 2nd wall, you should dance until 32 counts and 4 counts of tag**

1-2 RF forward, hold  
3-4 LF forward, RF beside touch LF

**RESTARTS:-**

**On the 5th wall, you should dance until 40 counts and start again**

**On the 6th wall, you should dance until 32 counts and start again**

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**Last Update - 31st Jan. 2016**

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