

Strait Cha-Cha (海峽之戀) (zh)

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sal Gonzalez (USA)
音乐: I Just Want to Dance With You - George Strait : (Album: One Step At A Time / 50
Number Ones)



第一段 Double Hip Rocks Forward, Double Hip Rocks Back 擺臀前下沉 擺臀後下沉各二次

- 1-2 Step Forward Diagonal With Right Foot And Rock ; Rock Back Onto Left Foot 右足斜前下沉, 左足後下沉
- 3-4 Rock Forward Onto Right Foot ; Rock Back Onto Left Foot
右足前下沉, 左足後下沉
- 5-6 Step Back Diagonal With Right Foot And Rock ; Rock Forward Onto Left Foot 右足斜後下沉, 左足前下沉
- 7-8 Rock Back Onto Right Foot ; Rock Forward Onto Left Foot
右足後下沉, 左足前下沉

第二段 Single Hip Rocks, Forward Walks, Cha-Cha-Cha 擺臀下沉, 前走步, 恰恰恰

- 1-2 Step Forward Diagonal With Right Foot And Rock ; Rock Back Onto Left Foot 右足斜前下沉, 左足後下沉
- 3-4 Step Back Diagonal With Right Foot And Rock ; Rock Forward Onto Left Foot 右足斜後下沉, 左足前下沉
- 5-6 Step Forward With Right Foot ; Step Forward With Left Foot
右足前踏, 左足前踏
- 7&8 Cha-Cha-Cha Forward (Right-Left-Right) 前恰恰(右, 左, 右)

第三段 Forward-Back Cha-Cha Back-Forward Cha-Cha-Cha 下沉回復 後恰恰, 下沉回復 前恰恰

- 1-2 Step Forward With Left Foot And Rock ; Rock Back Onto Right Foot
左足前下沉, 右足後下沉
- 3&4 Cha-Cha-Cha Back (Left-Right-Left)後恰恰(左, 右, 左)
- 5-6 Rock Back Onto Right Foot And Rock ; Rock Forward Onto Left Foot
右足後下沉, 左足前下沉
- 7&8 Cha-Cha-Cha Forward (Right-Left-Right)前恰恰 (右, 左, 右)

第四段 Double Camel Walk Forward Pivot Turn Brush 二次駱駝前走 踏轉刷

- 1-2 Step Forward With Left Foot ; Step Behind Left With Right Foot
左足前踏, 左足於右足後踏
- 3-4 Step Forward With Left Foot ; Step Behind Left With Right Foot
左足前踏, 左足於右足後踏
- 5-6 Step Forward With Left Foot ; Step Forward With Right Foot
左足前踏, 右足前踏
- 7-8 Left Pivot Turn On Left Foot ; Brush Forward With Right Foot
左轉180度, 右足前刷